



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT  
 "WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"  
[www.sandiego.gov](http://www.sandiego.gov)



# Allied Gardens Recreation Center

**5155 Greenbrier Avenue  
 San Diego, CA 92120  
 (619) 235-1129  
[www.sandiego.gov](http://www.sandiego.gov)**

<i>Hours of Operation</i>	
Monday - Thursday	2:00 pm – 9:00pm
Friday	2:00 pm – 6:00 pm
Saturday	9:00 am – 5:00 pm
Sunday	CLOSED
<b>Holiday Information and Recreation Center Closures:</b>	
Labor Day	September 7, 2009
Veterans Day	November 11, 2009
Thanksgiving	November 26, 2009
Christmas Day	December 25, 2009
New Year's Day	January 1, 2010

## Fall/Winter Program 2009



As a recipient of federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department (contact District Manager (619) 525-8242) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request. PRINTED ON RECYCLED PAPER. ♻️

# General Information

## Center Staff

Debra Jones	Area Manager II
Ruby Houck	Center Director III
Stacey Cobbins	Ground Maintenance II
Anthony Cruz	Ground Maintenance II
Ernesto Morales	Ground Maintenance II
Ron Richard	Ground Maintenance II
Matt Ensminger	Recreation Leader I
Miguel Medina	Recreation Leader I
Amanda Putman	Recreation Leader I
RaeAnne Ozier	Recreation Aide

## *Volunteers and Donors Needed*

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreational programs. If you would like to volunteer, please see staff for more information, or contact the Volunteer Office at 619-525-8231 or visit [sandiego.gov](http://sandiego.gov).

By donating to our park system, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks and neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program, please call our District Manager at 619-525-8242.

*“We enrich lives through quality parks and programs.”*

## Park Reservation Information

For information about reserving the following parks for sporting events, picnics, parties etc., please call Ruby Houck at 619-235-1129 to make an appointment.

### Allied Gardens Recreation Center:

5155 Greenbrier Ave. San Diego, CA 92120  
Facility includes 2 meeting rooms, craft room, fully equipped kitchen and gymnasium. Outside area includes 2 lighted basketball courts, large playground, tot lot, shuffle board courts, picnic area and a lighted multi-purpose field.

### Neighborhood Parks:

**Grantville Park:** 4601 Vandevere Ave. San Diego, CA 92120

### **Princess Del Cerro:**

6195 Wenrich Dr. San Diego, CA 92120

### **Rancho Mission Canyon Park:**

6005 Larchwood Ave. San Diego, CA 92120

### **Tuxedo Park:**

6958 Tuxedo Rd. San Diego, CA 92119

### Joint Use Areas:

#### **Dailard Elementary**

#### **School:**

6391 Cibola Rd. San Diego, CA 92120

#### **Hearst Elementary:**

6320 Del Cerro Blvd. San Diego 92120

#### **Lewis Middle School & Skunk**

#### **Hollow:**

5170 Greenbrier Ave. San Diego  
92120

## ***REGISTRATION***

Register for classes two weeks prior to start date. Fees are payable by check, money order or exact cash at time of registration. There will be a \$35.00 service charge on all returned checks. All classes are subject to change or cancellation. There will be no refunds or registration after first class. Low-income fee waivers are available, check in office for details. Non-City of San Diego residents will be required to pay additional fee per class. Classes are subject to minimum enrollment.

## ***RECREATION COUNCIL OFFICERS***

John Chandler	Chairperson
David Poddig	Vice-Chairperson
Mari Jarvis	Treasurer
Kim LaSalle	Corresponding Secretary

Meetings are held the 1st Monday of January, March, May, July, September and November; you are encouraged to attend. If the 1st Monday falls on a holiday, please check with center staff for actual meeting date.

## ***SPECIAL INTEREST CLUBS***

•S.D. Studebakers	•Notables
•S.D. Mini Crafters	•Pinochle
•Assoc. Senior Artist	•Irish Setter
•S.D. Seaside Scrollers	•Lithuanians
•Convair Women's Club	•TOPS OA 133
•Operating Engineer Local #12	•S.D. Mustang
•Society for Creative Anachronism	•Senior Bridge
•Grantville Allied Gardens Kiwanis	•SD.Dachshund

## ***EQUIPMENT CHECK-OUT***

Sports equipment may be checked-out with a recreation card or a valid I.D. card. Recreation cards may be purchased for a quarter (accompanied by a signed parental consent form).

## ***RECYCLE***

Help us raise money for children's activities by recycling your newspapers, aluminum cans, glass, cardboard and plastic soda bottles. Bring your recyclables to the bin located in our parking lot.



## ***COMMUNITY ORGANIZATIONS***

All Breed Dog Obedience	(619) 287-2211
Allied Gardens Little League	(619) 287-1605
Allied Gardens Women's Soccer	(619) 460-6392
Allied Gardens Men's/Co-ed Softball	(619) 229-0741
Alvarado Youth Football & Cheer	(619) 462-1665
Crusaders Soccer	www.sandiegocrusaders.com
Lake Murray Tennis Club	(619) 469-3232
Navajo Softball	(619) 908-6405
San Carlos Little League	(619) 583-5461
Navajo Community Service Center	(619) 668-2700
Allied Gardens Pool	(619) 235-1143
Lake Murray	(619) 668-2050
Lake Murray 4th of July Music Fest	(619) 462-1405



# YOUTH ACTIVITIES

## CO-ED YOUTH FLAG FOOTBALL LEAGUE

Registration Begins: August 10<sup>th</sup>, 2009

Play Begins September 2009

Fee: \$45.00

**Ages:**

6-8 years

9-10 years

11-12 years

13-14 years

**Try Outs**

Thursday Sept. 10, 2009 4:00pm

Thursday Sept. 10, 2009 5:30pm

Tuesday Sept. 8, 2009 4:00pm

Wednesday Sept. 9, 2009 4:00pm



## GIRLS YOUTH VOLLEYBALL LEAGUE

Registration Begins: August 1, 2009

Play Begins: Mid-September

Fee: \$50.00

**Ages:**

8-10 years

11-12 years

13-14 years

15-16 years

**Game Days:**

Tuesdays

Mondays

Wednesdays

Thursdays



## CO-ED YOUTH BASKETBALL LEAGUE

Registration Begins: October 19, 2009

Draft Dates are 2<sup>nd</sup> and 3<sup>rd</sup> week of December.

Play Begins: January 2010

Fee: \$60.00

**Ages:**

4-6 years

7-8 years

9-10 years

11-12 years

13-14 years

**Game Days:**

Saturdays

Saturdays

Saturdays

Mondays

Wednesdays



**BIRTH CERTIFICATES MANDATORY FOR ALL YOUTH SPORTS**

## VOLUNTEER COACHES NEEDED

If you are interested, please contact staff in the recreation center office (619) 235-1129. All coaches/volunteers must be fingerprinted & approved prior to coaching.

## ***CIVIC DANCE ARTS JAZZ & TAP***

September 28 – December 19, 2009

Registration Week: September 21-26, 2009

Day: Saturday

Fee: \$48.00/Semester; Make checks payable to City

Treasurer

### **Pre Tap Dance**

Ages: 4 - 5 years Time: 9:30 am

### **Tap Dance I**

Ages: 6 years & up Time: 10:15 am

### **Jazz I**

Ages: 6 - 17years Time: 11:00 am



## ***DROP-IN***

### ***AFTER SCHOOL PROGRAM***

Ages: Youth Grades 5-8

Days: Monday - Friday

Time: 2:00 pm - 5:00 pm

Join us for after school open activities in our gymnasium, football and basketball

clinics/scrimmages, homework help, games, cooking and more!



## ***ARTS AND CRAFTS WITH AMANDA***

Ages: 5-14

Day: Tuesday

Time: 4:00-5:00

Fee: \$30.00 per 6 weeks

Clay art, painting, drawing, holiday and seasonal projects, and paper machè are just some of the projects we will have fun making!



## ***SENIOR 55+ ACTIVITIES***

### ***DEL GARDEN SR.***

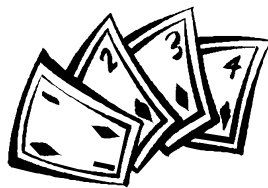
Special meeting, bridge and canasta

Bring a sack lunch.

Day: Monday

Time: 10:30 am -2:30 pm

Fee: \$10.00/year



### ***ALLIED GARDENS***

#### ***PINOCHLE CLUB***

Day: Tuesday

Time: 5:45 pm - 8:45 pm

Nominal club fee

Call the center for more details.

### ***FREE BODY DYNAMICS***

Low impact aerobics, flexibility, and toning

Sponsored by Navajo Adult Education.

Day: Tuesday and Friday

Time: 7:30 am – 8:30 am

# Adult Activities

## **ALL BREED DOG OBEDIENCE CLUB**

*www.aboci.com* or call 619-287-2211

### **PUPPY CLASSES**

Drop-Ins Welcome!

Day: Monday, ongoing

Time: 6:30 pm - 7:30 pm

Fee: \$75 non-members/7 weeks

### **BEGINNING DOG TRAINING**

Day: Mondays

Time: 6:00 – 7:00pm

Fee: \$80 non-members/8 weeks

First session begins August 24<sup>th</sup>.

For more information, check the website or call for future classes or events.



## **FREE PLAY BADMINTON**

Beginner to Advanced

Rackets and birdies on site for check out.

Days: Tuesday & Thursday

Time: 10:30 am - 12:30 pm



## **WOMEN'S VOLLEYBALL LEAGUE**

Registration Begins August 21, 2009

Play Begins September 19, 2009

Team Fee: \$385.00

Games: All games take place on Saturdays.

Open Volleyball Gym begins Sept. 5 and 12, 2009 1:00 pm to 5pm.

## **INTER-FRIENDSHIP VOLLEYBALL**

Days: Wednesday & Friday

Time: 10:30 am - 2:30pm

Cost: \$1.00 per visit.



## **LAKE MURRAY TENNIS CLUB**

The Lake Murray Tennis facility has ten lighted courts, a modest clubhouse with a shower, two restrooms, and a pro shop. Family, couples, singles and junior memberships are available.

There is nominal fee for non-club members.

Courts may be reserved in advance. For more information, please call club manager, Dan or

Kathy Emmerson at (619) 469-3232.

Days: Monday - Thursday Time: 8:00 am - 9:00 pm

Day: Friday Time: 8:00 am - 8:00 pm

Days: Saturday & Sunday



## **CO-ED ADULT FITNESS BOOTCAMP**

Day: Monday-Friday September 14<sup>th</sup>

Time: 6:30pm – 7:30pm

### **Session Prices**

First Time sign up:

\$249 for 5 days a week session

\$199 for 3 days a week session

Return Customer sign up:

\$199 for 5 days a week session

\$175 for 3 days a week session

**Come and try a night for free!**

For more information, visit [www.sgofit.com](http://www.sgofit.com) or call 619-300-6821



PROGRAMS ARE EFFECTIVE THROUGH DECEMBER 2009. Programs and fees are subject to change without prior notice.