



2009

ATHLETIC/RECREATIONAL EVENTS SCHEDULED ON PUBLIC PROPERTY

Telephone: (619) 685-1331

Internet: www.sandiego.gov/specialevents

January

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|---|--|
| <p>Thursday 1/1
10:00 am - 11:00 am</p> | <p>32nd Annual Polar Bear Plunge
As an annual tradition to ring in the New Year, a mass of swimmers will scramble the sandy shoreline at La Jolla Shores and plunge into the the icy cold ocean. Burr-r-r, it's cold! Lifeguards and support crew will be there on hand in kayaks and jet skis. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 200. <u>Location:</u> La Jolla (La Jolla Shores). <u>Host Organization:</u> La Jolla Cove Swim Club. <u>General Information:</u> Information desk @ (619) 235-5929. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Saturday 1/3
7:00 am - 10:00 am</p> | <p>San Diego Resolution Run
The event offers 5K, 10K, and 15K races where you can choose to walk or run. It takes place at East Mission Bay where cool breezes drift inland and invigorates participants to keep moving. Proceeds will benefit "The Arusha Project" that provides solar panels for a school in Arusha, Tanzania. <u>Admission:</u> \$25.00 (5K) ~ \$30.00 (10K) ~ \$35.00 (15K). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 350. <u>Location:</u> East Mission Bay (Visitor's Center - Fiesta Island Roadway - Visitor's Center). <u>Host Organization:</u> One Earth One Justice. <u>General Information:</u> Rachel Hiner @ (619) 890-6067. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sunstrides.com.</p> |
| <p>Saturday 1/3
11:00 am - 2:30 pm</p> | <p>40th Annual Resolution Run
Have you made a resolution to begin a regular fitness regiment for the new year of 2009, but haven't quite gotten started yet? This 5K running event is an opportunity for you to experience the satisfaction and accomplishment of running in a group with others at scenic Balboa Park. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 150. <u>Location:</u> Balboa Park (meet at the west side of the park near 6th Ave. & Laurel St.). <u>Host Organization:</u> Downtown YMCA. <u>General Information:</u> Information desk @ (619) 232-7451. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |

January

- Saturday 1/10
1:00 pm - 2:30 pm **Canyoneer's Walk (Mission Trails Park - Jackson Drive)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will take you to an area where chaparral vegetation mixes with meta volcanic, plutonic, and volcanic rock. It's an ideal location for persons interested in geology. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Mission Trails Park - Jackson Drive (Hwy. 8 - Mission Gorge Rd. (north) - Jackson Dr. (left) - parking lot) Thomas Bros. Map: Page 1250 D-3. Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Saturday 1/17
10:00 am - 12:00 pm **Handcycling in San Diego (North Crown Point Shores)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at North Crown Point Shores today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: West Mission Bay (North Crown Point Shores). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Friday 1/30
8:00 am - 10:00 am **Lake Hodges Trail Run 5K**
The event is a 5K (3.1-mile) run along the North Shore Trail at beautiful Lake Hodges. Proceeds from this event will help to build a biogas conversion tank for cooking at the Tumaini Children's Village in Arusha, Tanzania (East Africa). Admission: \$20.00-\$30.00 (adult) ~ \$10.00-\$20.00 (child age 15 & younger). Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Lake Hodges (meet at the boat dock). Host Organization: Sun Strides Foundation. General Information: Rachel Hiner @ (619) 890-6067. Media Information: Not available. Vendor Information: Not available. Internet: www.sunstrides.org.
- Saturday 1/31
7:00 am - 2:00 pm **Hanohano Outrigger Ocean Challenge**
Athletes on kayaks and paddleboards will have a challenging day on the ocean. The event offers a 4-mile kayak and paddleboard race and a 10-mile open ocean race. You're welcome to watch the competition unfold as it happens. Admission: None. Anticipated Attendance: 250. Anticipated Participants: Not available. Location: Pacific Beach (4-Mile Race: West Bonita Cove - South Shores) ~ (10-Mile Race: South Mission Jetty - north of Crystal Pier). Host Organization: Hanohano Outrigger Canoe Club. General Information: Dan Van Dyke @ (760) 525-9109. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 1/31
7:30 am - 11:00 am **28th Annual 10K Super Run & 5K Run/Walk**
Get ready to kick off the Super Bowl weekend with some exercise before you sit down to watch the game. You can choose between a 10K Super Run or a 5K Run/Walk. Divisions and teams will vary depending on age and gender. The event will be at East Mission Bay and conclude with a fun tailgate party. Admission: \$27.00-\$33.00 (adult) ~ \$12.00-\$15.00 (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: 10K Super Run (East Mission Bay Dr. south of Hilton Hotel - Fiesta Island Roadway - walkway - Visitor's Center north of Hilton Hotel) ~ 5K (East Missi. on Bay Dr. south of Hilton Hotel - Fiesta Island entrance - walkway - De Anza Cove - Visitor's Center north of Hilton Hotel) Host Organization: Water for Children Africa. General Information: Kathy Loper @ (619) 298-7400. Media Information: Richard Makau @ (619) 588-1906. Vendor Information: Lyssette Barbosa @ (619) 298-7402. Internet: www.kathyloperevents.com.

January

Saturday 1/31
 9:00 am - 10:30 am **Canyoneer's Walk (Mission Trails Park - Calle De Vida Trailhead)**
 Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This moderate hike will take you to an area that contains wildflowers such as Chocolate Lilies and Shooting Stars. If you're quiet, you might glimpse wildlife among the vegetation. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Mission Trails Park - Calle De Vida Trailhead (Hwy. 15 - Clairemont Mesa Blvd. (east) - Seda Dr. (right) - Calle De Vida (left) - got to the end of the street to the trailhead at a yellow gate) Thomas Bros. Map: Page 1250 B-2 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

Saturday 1/31
 10:00 am - 12:00 pm **Handcycling in San Diego (De Anza Cove)**
 Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at De Anza Cove in East Mission Bay today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: East Mission Bay (De Anza Cove). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

February

Monday 2/2
 8:30 am - 5:00 pm **Buick Invitational Golf Tournament (PGA Practice Rounds) (7-Day Event)**
 The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will be practice rounds for the PGA Players on the South Course. There's no admission today. Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.

Tuesday 2/3
 8:30 am - 5:00 pm **Buick Invitational Golf Tournament (PGA Practice Rounds & Golf Clinic) (7-Day Event)**
 The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will begin with practice rounds for the PGA Players and will include a Family Days Clinic on the North Course. Admission: \$105.00 (Season Badge - Tuesday-Sunday) ~ \$26.00 (Adult Any Day Ticket - one day only-Wednesday-Sunday) ~ \$16.00 (Tuesday Ticket - one day only) ~ \$16. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.

February

- Wednesday 2/4**
 7:00 am - 5:00 pm
 Buick Invitational Golf Tournament (Allianz Global Investors Pro-AM) (7-Day Event)
 The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will present Allianz Global Investors; Pro-AM Players on the North and South Courses. Admission: \$105.00 (Season Badge - Tuesday-Sunday) ~ \$26.00 (Adult Any Day Ticket - one day only-Wednesday-Sunday) ~ \$16.00 (Tuesday Ticket - one day only) ~ \$16. Anticipated Attendance: 15,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.
- Thursday 2/5**
 8:30 am - 5:00 pm
 Buick Invitational Golf Tournament (Opening Round) (7-Day Event)
 The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will be the Opening Round of the tournament. It will be played on the North and South Courses. Admission: \$105.00 (Season Badge - Tuesday-Sunday) ~ \$26.00 (Adult Any Day Ticket - one day only-Wednesday-Sunday) ~ \$16.00 (Tuesday Ticket - one day only) ~ \$16. Anticipated Attendance: 20,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.
- Friday 2/6**
 8:30 am - 5:00 pm
 Buick Invitational Golf Tournament (Second Round) (7-Day Event)
 The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will be the Second Round of the tournament. It will be played on the North and South Courses. Admission: \$105.00 (Season Badge - Tuesday-Sunday) ~ \$26.00 (Adult Any Day Ticket - one day only-Wednesday-Sunday) ~ \$16.00 (Tuesday Ticket - one day only) ~ \$16. Anticipated Attendance: 20,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.
- Saturday 2/7**
 8:00 am - 5:00 pm
 Buick Invitational Golf Tournament (Third Round/Helicopter Ball Drop) (7-Day Event)
 The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will be the Third Round of the tournament played on the South Course. Helicopter Ball Drop and Pro-AM Players are on the North Course. Admission: \$105.00 (Season Badge - Tuesday-Sunday) ~ \$26.00 (Adult Any Day Ticket - one day only-Wednesday-Sunday) ~ \$16.00 (Tuesday Ticket - one day only) ~ \$16. Anticipated Attendance: 25,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.

February

- Sunday 2/8 **Fiesta Island Time Trial Series**
 7:00 am - 9:00 am Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.
- Sunday 2/8 **6th Annual Red Trolley Classic Creterium**
 7:00 am - 5:00 pm Around and around they go! Amateur and professional cyclists from all over the region will compete at this popular cycling event. Fast-paced cyclists will ride a 7-mile looped course on neighborhood streets in Mira Mesa. Top finishers will receive awards. Admission: \$15.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 350. Location: Mira Mesa (Top Gun St., Cobera Way, Flanders St.). Host Organization: SDSU Cycling Team. General Information: Sean Burke @ (619) 269-0938. Media Information: Not available. Vendor Information: Not available. Internet: www.cycling science.org.
- Sunday 2/8 **Canyoneer's Walk (Lake Miramar Reservoir)**
 8:00 am - 9:30 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will take you upon a paved roadway along a sparkling lake where gentle slopes rise against chaparral vegetation and water birds gather on and near the lake. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Miramar Reservoir (Hwy. 15 - Carroll Canyon Rd. (east) - (road becomes Scripps Ranch Blvd.) - Scripps Lake Dr. (right) - parking lot (left) Thoma. s Bros. Map: Page 1209 G-4 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 2/8 **Buick Invitational Golf Tournament (Final Round) (7-Day Event)**
 8:30 am - 5:00 pm The Buick Invitational Golf Tournament is here! It's all happening at Torrey Pines Golf Course where you can watch professional golfing at its best. Today's event will be the Final Round of the tournament. It'll be played on the South Course. An awards ceremony will take place on the 18th Green. Admission: \$105.00 (Season Badge - Tuesday-Sunday) ~ \$26.00 (Adult Any Day Ticket - one day only-Wednesday-Sunday) ~ \$16.00 (Tuesday Ticket - one day only) ~ \$16. Anticipated Attendance: 30,000. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (11480 North Torrey Pines Rd.). Host Organization: Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 708-6007. Vendor Information: Heidi Kolbiaz @ (619) 281-4653. Internet: www.buickinvitational.com.
- Thursday 2/12 **San Diego Invitational Rugby Tournament (2-Day Event)**
 8:00 am - 9:00 pm International rugby players of various ages and skill levels are coming to play rugby in sunny San Diego. This event is a precursor to the USA 7's Tournament that will be held at Petco Park. The event offers rugby matches, music entertainment, a beer garden, food court, and souvenir items. Admission: None. Anticipated Attendance: 2,000/day. Anticipated Participants: Not available. Location: San Diego Polo Club field (14555 El Camino Real). Host Organization: USA Sevens, LLC. General Information: Brett Beckner @ (703) 347-5101. Media Information: Nevin Kleege @ (619) 843-5627. Vendor Information: Jared Zimmerman @ (619) 702-7300. Internet: www.sdirugby.com.

February

- Friday 2/13 **San Diego Invitational Rugby Tournament (2-Day Event)**
 8:00 am - 9:00 pm International rugby players of various ages and skill levels are coming to play rugby in sunny San Diego. This event is a precursor to the USA 7's Tournament that will be held at Petco Park. The event offers rugby matches, music entertainment, a beer garden, food court, and souvenir items. Admission: None. Anticipated Attendance: 2,000/day. Anticipated Participants: Not available. Location: San Diego Polo Club field (14555 El Camino Real). Host Organization: USA Sevens, LLC. General Information: Brett Beckner @ (703) 347-5101. Media Information: Nevin Kleege @ (619) 843-5627. Vendor Information: Jared Zimmerman @ (619) 702-7300. Internet: www.sdirugby.com.
- Saturday 2/14 **Handcycling in San Diego (Mission Bay)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at Mission Bay Park today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Mission Bay Park. Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/21 **3rd Annual UCSD "Tritonman" Triathlon**
 7:00 am - 10:00 am The event consists of a 750-meter swim, 20K bike ride, and a 5K run at Fiesta Island in East Mission Bay. It's primarily a collegiate race, but it is open to anyone who wishes to compete. If you would like to participate, you can. It's sure to be a challenging workout! Admission: \$60.00 (general public) ~ \$40.00 (Collegiate and Triathlon Club of San Diego Member). Anticipated Attendance: Not available. Anticipated Participants: 250. Location: East Mission Bay (Fiesta Island). Host Organization: UCSD Triathlon Team. General Information: Andrew Radin @ (805) 368-7561. Media Information: Not available. Vendor Information: Not available. Internet: www.tritonman.com.
- Saturday 2/21 **Canyoneer's Walk (Fortuna Mountain)**
 9:00 am - 12:00 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This strenuous hike will take you to a high vantage point that once contained ancient beaches. Here you can enjoy scenic views all around. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Fortuna Mountain (Hwy. 15 - Clairemont Mesa Blvd. (east) - Via Valarta (left) - Collegio Dr. (right) - Aleso St. (left) - Balardo Dr. (left) - Camino. Playa Catalina (right) - Corte Playa Catalina (left) - park on the right side of the street) Thomas Bros. Map: Page 1230 A-7 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 2/22 **10K Fun Run/Walk for Ovarian Cancer**
 8:00 am - 1:00 pm Ovarian cancer is the most common cancer in women, and women have a 1 in 67 chance of developing it. A 10K fun run/walk is scheduled to take place at Lake Murray where proceeds from the event will benefit the National Ovarian Cancer Coalition. Lake Murray is a perfect place for this event. Admission: \$35.00 (includes t-shirt & goodie bag). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: Lake Murray. Host Organization: National Ovarian Cancer Coalition. General Information: Katelyn Sprofera @ (619) 933-7789. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

February

- Sunday 2/22
10:00 am - 12:30 pm **Amgen Tour of California**
Armstrong and Landis will be among the competitors at this prestigious 9-day cycling tour molded after the Tour de France where athletes from around the world compete for the Yellow Jersey. The final stage of the cycle will end in San Diego with a grand awards celebration. Admission: None. Anticipated Attendance: 30,000. Anticipated Participants: Not available. Location: Rancho Bernardo - Palomar Mountain - Escondido (Best Viewing: Bernardo Center Dr. between Lomica Dr. & Bernardo Plaza Ct.). Host Organization: Anschutz Entertainment Group Sports. General Information: Golin Harris @ (213) 438-8793. Media Information: Not available. Vendor Information: Not available. Internet: www.amgentourofcalifornia.com.
- Saturday 2/28
9:00 am - 11:30 am **Race Judicata 5K Run/Walk**
This 5K run/walk is hosted by the California Western School of Law to raise funds for its students who have been diagnosed with cancer. While offering outdoor exercise at beautiful Mission Bay, the event will also include a post event celebration with awards, entertainment, and refreshments. Admission: \$25.00 (adult) ~ \$20.00 (active military) ~ \$15.00 (student/faculty/staff) ~ \$10.00 (child age 12 & younger). Anticipated Attendance: 500. Anticipated Participants: Not available. Location: East Mission Bay (meet at De Anza Cove). Host Organization: California Western School of Law. General Information: Daniel O'Conner @ (845) 216-5526. Media Information: Not available. Vendor Information: Not available. Internet: www.cwsl.edu/student.org.
- Saturday 2/28
10:00 am - 12:00 pm **Canyoneer's Walk (Cabrillo National Monument - Bayside Trail)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This strenuous hike will take you along a 2-mile round-trip trail overlooking the harbor. You'll encounter windswept vegetation and see remnants of WWII defense installations. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Cabrillo National Monument - Bayside Trail (Hwy. 8 - Rosecrans St. - Canon St. (right) - go 1-mile - Catalina Blvd. (left) - Cabrillo National Monument - meet in front of the lighthouse next to the road) Thomas Bros Map: Page 1308 A-2 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

March

- Sunday 3/1
6:00 am - 5:00 pm **Gran Fondo San Diego Cycle (An American Cycling Classic)**
Cyclists can participate in an Italian-themed cycling ride that offers a scenic, challenging course from the heart of Little Italy to the rural countryside in southeast San Diego. Cyclists can choose between a 62-mile ride or a 100-mile ride. This event is in conjunction with the "Gran Fondo Expo". Admission: \$99.00 (62-mile cycle or a 100-mile cycle). Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: Little Italy - Harbor Island - Harbor Dr. - National City - Chula Vista - Bonita - Jamacha - and back to Little Italy. Host Organization: Little Italy Association. General Information: Chris Gomez @ (619) 233-3898. Media Information: Rob Klingensmith @ (619) 742-0122. Vendor Information: Not available. Internet: www.granfondosandiego.com.

March

- Sunday 3/1
12:00 pm - 4:00 pm **Little Italy Preseason Stickball**
A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Saturday 3/7
7:00 am - 10:00 am **45th Annual Sue Krenn 15K Run/Walk**
Sue Krenn enjoyed running and walking for pleasure and exercise. In her memory, you can challenge yourself as Sue did by engaging in a 15K run/walk at East Mission Bay. If you're ready for a challenge, then put on your athletic shoes and join the event. Admission: \$15.00 - \$20.00. Anticipated Attendance: Not available. Anticipated Participants: 285. Location: East Mission Bay Dr. (south of Hilton Hotel) - Fiesta Island (roadway) - East Mission Bay Dr. (walkway) - De Anza Cove - East Mission Bay (walkway) -. Host Organization: San Diego Track Club. General Information: Frank Williamson @ (619) 578-4666. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtrc.com.
- Saturday 3/7
8:30 am - 4:30 pm **Lawn Bowling Tournament (2-Day Event)**
You're welcome to watch a lawn bowling tournament in San Diego where players throughout Southern California will come for a challenge. The object of the game is to toss a "bawl" (small black ball) onto a grass bowling green and get it to roll closest to a "jack" (small white ball). Admission: None. Anticipated Attendance: 125. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling greens near Laurel St. & Balboa Dr.). Host Organization: San Diego Lawn Bowling Club. General Information: Jim Olson @ (858) 270-6825 or Gorgie @ (619) 238-5457. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/8
7:00 am - 9:00 am **Fiesta Island Time Trial Series**
Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.
- Sunday 3/8
8:00 am - 1:00 pm **MDA Stride and Ride**
Persons with strollers, wheelchairs, handcycles, and persons on foot are going to stride or ride at this 5K non-competitive event. Participants are encouraged to obtain pledges to help raise funds for Muscular Dystrophy programs and services. So, are you going to stride or ride? Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 300. Location: Crown Point Shores - boardwalk - Ingraham Street Bridge - Riviera Dr. - Crown Point Shores. Host Organization: Muscular Dystrophy Association. General Information: Joan Ewing @ (858) 492-9762. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

March

- Sunday 3/8
8:30 am - 4:30 pm
- Lawn Bowling Tournament (2-Day Event)**
You're welcome to watch a lawn bowling tournament in San Diego where players throughout Southern California will come for a challenge. The object of the game is to toss a "bowl" (small black ball) onto a grass bowling green and get it to roll closest to a "jack" (small white ball).
Admission: None. Anticipated Attendance: 125. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling greens near Laurel St. & Balboa Dr.). Host Organization: San Diego Lawn Bowling Club. General Information: Jim Olson @ (858) 270-6825 or Gorgie @ (619) 238-5457. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/8
12:00 pm - 4:00 pm
- Festival of Friendship 5K**
Best Buddies International pairs persons who have an intellectual disability with peer mentor volunteers by way of a one-on-one e-mail friendship. This event offers a 5K friendship walk with post festivities that includes celebrity guests, live entertainment, and free food and beverages. Admission: \$50.00 (pledge). Anticipated Attendance: Not available. Anticipated Participants: 200. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: Best Buddies International. General Information: Lisa Maier @ (619) 584-5450. Media Information: Not available. Vendor Information: Not available. Internet: www.bestbuddiescalifornia.org.
- Saturday 3/14
7:30 am - 10:00 am
- St. Patrick's Day 10K Run & 2/4-Mile Run/Walks**
Participants are encouraged to wear an Irish-themed costume or something green to this athletic event celebrating St. Patrick's Day. Athletes can choose between several runs or walks. Post event activities include a costume contest, awards, pizza, and beer. Admission: \$25.00-\$33.00 (10K Run) ~ \$22.00-\$30.00 (2-Mile Run/Walk) ~ \$22.00-\$30.00 (4-Mile Run/Walk) ~ \$12.00-\$15.00 (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,800. Location: 10K Run (East Mission Bay Dr. south of Hilton-Fiesta Island (roadway)-East Mission Bay (walkway) north of Hilton) ~ 4-Mile Run/Walk (East Mission Bay Dr. south of Hilton-Fiesta Island-De Anza Cove-north of Hilton) ~ 2-Mile Run/Walk (East Mission Bay Dr. south of Hilton-Fiesta Island-north of Hilton) Host Organization: Rady Children's Hospital & Health Center. General Information: Kathy Loper @ (619) 298-7400. Media Information: Not available. Vendor Information: Not available. Internet: www.kathyloperevents.com.
- Saturday 3/14
8:30 am - 10:30 am
- Canyoneer's Walk (Rancho Mission Canyon Park)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This strenuous hike will lead you to a high point in a chaparral canyon to an area that contains prickly pear, cactus, lizards, and numerous trap door spider homes. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Rancho Mission Canyon Park (Hwy. 8 - Mission Gorge Rd. (north) - Margerum Ave. (right) - go 0.2-miles to a parking lot on the left) Thomas Bros. Map: Page 1250 C-4 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

March

- Saturday 3/14
10:00 am - 12:00 pm **Handcycling in San Diego (Embarcadero Marina Park)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at the Embarcadero Marina Park today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Embarcadero Marina Park. Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/15
12:00 pm - 4:00 pm **Little Italy Preseason Stickball**
A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Saturday 3/21
7:00 am - 12:00 pm **Walk for Kids**
You're welcome to join a 5K sponsorship walk at East Mission Bay where the proceeds will provide mental health, educational, and social services for over 1,200 children and adolescents throughout San Diego. Are you ready to put on your walking shoes and join the group to help these kids? Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: East Mission Bay (De Anza Cove, Playa, Tecolote). Host Organization: San Diego Center for Children. General Information: Steve Porter @ (858) 269-2120. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/22
10:00 am - 12:00 pm **Walk for World Water Day**
In water stressed countries of the world, water is often carried long distances to the home from 3-6 miles every day. Participants in this 5K walk will be asked to carry water jugs in an effort to provide a symbolic and educational experience while bringing awareness for clean water everywhere. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 3,000. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: Project Concern International. General Information: Kristin Spitz @ (858) 279-9690. Media Information: Not available. Vendor Information: Not available. Internet: www.projectconcern.org.
- Saturday 3/28
7:00 am - 11:00 am **5th Annual Race for Autism**
About 1 in 150 children are diagnosed with Autism in the U.S. each year. The purpose of this 5K timed-competitive run/walk and 1-mile fun walk is to raise funds for programs and services for autistic children in San Diego. A resource fair and children's activity area will accompany the event. Admission: \$20.00-\$30.00 (age 13 & older) ~ \$10.00-\$15.00 (age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: Balboa Park (6th Ave./Laurel St.) - El Prado - Cabrillo Bridge - El Prado - Pan American Rd. - House of Pacific Relations - El Prado - Cabrillo Bridge. - Balboa Dr. - Quince St. - walkway - El Prado - Balboa Dr. - 8th Ave. - Balboa Dr. - 6th Ave. /Laurel St.) Host Organization: National Foundation for Autism Research. General Information: Sharon Leon @ (858) 679-8800. Media Information: Maya del Guidice @ (619) 624-9383. Vendor Information: Not available. Internet: www.nfar.org.

March

- Saturday 3/28 **Walk For Thought**
 8:00 am - 2:00 pm More than 11,000 people and their families are affected by brain injuries in San Diego County. The San Diego Brain Injury Foundation and the FreedomHouse are co-hosting this walk with the California Brain Injury Association. Your participation will help these agencies to continue to help others. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: SDBIF/CALBIA/Freedom House. General Information: Donna Lewis @ (619) 507-9493. Media Information: Not available. Vendor Information: Not available. Internet: www.sdbif.org.
- Saturday 3/28 **Handcycling in San Diego (Lake Miramar)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at Lake Miramar Park today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Miramar. Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/29 **Legs for Literacy 5K & 1-Mile Run/Walk**
 6:00 am - 11:00 am The event offers a 5K run/walk and a 1-mile run/walk for students in kindergarden through 12th grade; including parents and teachers. The event willtake place on a paved roadway alongside Miramar Lake. Proceeds from the event will support six public schools in Scripps Ranch. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Lake Miramar. Host Organization: Scripps Ranch High School Foundation. General Information: Seshu Hammond @ (858) 547-5943. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/29 **San Diego Walk for Darfur**
 7:00 am - 10:00 am The Jewish community of San Diego has organized a 3K walk to to raise funds to benefit victims of genocide in the Darfur region of Africa. The proceeds will help to provide operation rooms and medical supplies that are desperately needed there. Admission: \$25.00 (adult) ~ \$20.00 (child). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: East Mission Bay (De Anza Cove - Hilton Hotel - De Anza Cove). Host Organization: American Jewish World Services. General Information: Ami Minter @ (619) 300-8005. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiegowalkfordarfur.org.
- Sunday 3/29 **Canyoneer's Walk (Kwaay Paay Peak)**
 9:00 am - 11:00 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This strenuous hike will take you ona 2.5-mile round trip trail and up to a mountain peak with an 880 elevation gain/loss. Once there, you can enjoy some amazing views. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Kwaay Paay Peak (Hwy. 8 - Mission Gorge Rd. (north) - Father Junipero Serra Trail (left) - go 1.8-miles to a parking lot at the dam) Thomas Bros. Map: Page 1230 F-6 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

March

Sunday 3/29
 12:00 pm - 4:00 pm **Little Italy Preseason Stickball**
 A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

April

Friday 4/3
 6:00 am - 9:00 am **San Diego Cyclo-Vets Omnium - Time Trial (Fiesta Island)**
 This cycling event offers persons (age 18-85) a chance to experiment with competitive cycling in a safe and controlled environment. The Fiesta Island roadway is the place of choice. Participants will begin at equally spaced 30-second intervals and stay on course until they complete their distance. Admission: \$85.00. Anticipated Attendance: Not available. Anticipated Participants: 175. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Cyclo-Vets Bicycle Club. General Information: Richard Lakier @ (858) 487-5221. Media Information: Not available. Vendor Information: Not available. Internet: www.cyclovets.org.

Saturday 4/4
 7:00 am - 12:00 pm **21st Annual Walk Multiple Sclerosis**
 This walking event is a good opportunity for corporations, communities, and individuals to come together for a fun-filled event that can make a difference in the lives of those living with multiple sclerosis. An expo area will have refreshments, live music, product sampling, and children activities. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 4,500. Location: NTC Park (Cushing St./Womble St.) - Cushing St. - Laning Rd. - No. Harbor Dr. - access road - No. Harbor Dr. - parking lot - Lee Ct. - No. Harbor Dr. - West Spanish Landing - boardwalk - Nimitz Bridge/Halsey Rd. - boardwalk - NTC Park Host Organization: National Multiple Sclerosis Society. General Information: Sarah Janssen @ (760) 448-8425. Media Information: Beth Clark @ (760) 448-8424. Vendor Information: Not available. Internet: www.mswalk.com.

Saturday 4/4
 7:00 am - 5:30 pm **36th Annual San Diego Crew Classic Rowing Regatta (2-Day Event)**
 San Diego is host to this world-class amateur rowing regatta that is the largest rowing event in the world exclusively for eight-person shells. In 2-days, approximately 3,400 competitors from the United States, Canada, and Europe will compete in 92 races. A Trade Show will accompany the event. Admission: \$7.00 (1-Day Pass) ~ \$10.00 (2-Day Pass) ~ FREE (active military with I.D./child age 11 & younger) ~ \$10.00 (parking per car). Anticipated Attendance: 8,000/day. Anticipated Participants: Not available. Location: Mission Bay (Hubbs Research Center - Crown Point Shores). Host Organization: San Diego Crew Classic. General Information: Martha Shumaker @ (619) 225-0300. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Not available. Internet: www.crewclassic.org.

April

- Saturday 4/4
10:00 am - 12:30 pm **Target Archery (Therapeutic Recreation Services)**
Persons with physical disabilities (age 5-adult) can enjoy the sport of target archery. Beginners who have never attempted the sport can learn how to hold a bow and shoot an arrow. All equipment and instruction will be provided. Admission: \$25.00 (includes equipment & instruction) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: Balboa Park (Morley Field). Host Organization: Therapeutic Rec. Services/San Diego Archers Club. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 4/5
7:00 am - 9:00 am **Fiesta Island Time Trial Series**
Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.
- Sunday 4/5
7:00 am - 2:30 pm **36th Annual San Diego Crew Classic Rowing Regatta (2-Day Event)**
San Diego is host to this world-class amateur rowing regatta that is the largest rowing event in the world exclusively for eight-person shells. In 2-days, approximately 3,400 competitors from the United States, Canada, and Europe will compete in 92 races. A Trade Show will accompany the event. Admission: \$7.00 (1-Day Pass) ~ \$10.00 (2-Day Pass) ~ FREE (active military with I.D./child age 11 & younger) ~ \$10.00 (parking per car). Anticipated Attendance: 8,000/day. Anticipated Participants: Not available. Location: Mission Bay (Hubbs Research Center - Crown Point Shores). Host Organization: San Diego Crew Classic. General Information: Martha Shumaker @ (619) 225-0300. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Not available. Internet: www.crewclassic.org.
- Sunday 4/5
7:00 am - 6:00 pm **San Diego Cyclo-Vets Omnium - Criterium (Mira Mesa)**
This is the third day of a 3-day cycling race. In San Diego, the event offers persons (age 18-85) a competitive ride on a looped course in Mira Mesa. Throughout the day, groups of cyclists will race every 30, 45, 50, and 75 minutes. The competition can be a very demanding fast-paced challenge. Admission: \$85.00. Anticipated Attendance: Not available. Anticipated Participants: 175. Location: Mira Mesa (Hunnekens St. & Waples St.). Host Organization: San Diego Cyclo-Vets Bicycle Club. General Information: Richard Lakier @ (858) 487-5221. Media Information: Not available. Vendor Information: Not available. Internet: www.cyclovets.org.
- Sunday 4/5
10:30 am - 3:30 pm **Little Italy Spring Stickball League**
A game of stickball will be played on the streets in Little Italy. Its traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Columbus Street (between Cedar St. & Beech St.) ~ State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

April

- Sunday 4/5
3:00 pm - 4:30 pm **Canyoneer's Walk (Piedras Pintadas Ridge)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will lead you to an area that contains sparkling waterfalls and pretty wildflowers on a ridge overlooking Lake Hodges. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Piedras Pintadas Ridge (Hwy. 15 (west) - West Bernardo Dr. (right) - Pablado Rd. (left) - go 1-mile and park on the street - meet at the entrance to the walkway between Moon Song Court & Smoke Signal Dr.) Thomas Bros. Map: Page 1149 H-7 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Friday 4/10
7:00 am - 9:00 am **Fiesta Island Time Trial Series**
Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.
- Saturday 4/11
10:00 am - 12:00 pm **Handcycling in San Diego (North Crown Point Shores)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at North Crown Point Shores today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group! Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: West Mission Bay (North Crown Point Shores - meet at 3791 Corona Oriente Rd.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Friday 4/17
9:00 am - 4:00 pm **CSTV Collegiate Nationals Volleyball (3-Day Event)**
The event is a three day collegiate national volleyball tournament where the top college volleyball teams are going to battle it out for the winning title. You're welcome to come and watch the matches at Mariner's Point in West Mission Bay. Admission: None. Anticipated Attendance: 400/day. Anticipated Participants: Not available. Location: West Mission Bay (Mariner's Point). Host Organization: AVP Pro Beach Volleyball. General Information: Dave Williams @ (310) 426-8000 x-7123. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/18
7:00 am - 12:00 pm **10th Annual San Diego NAMI Walk**
One in five persons will be treated for a biological brain disorder at some point in life. This national 5K walking event aims to erase stigmas and educate people about mental health. Persons can individually participate or can organize teams with companies, organizations, or families. Admission: Complementary donations/pledges. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Balboa Park (Quince St./Balboa Dr. - Laurel St. - El Prado - Bea Evans Fountain - El Prado - 6th Ave. walkway - Marston Point - 6th Ave. walkway - Qui. nce St./Balboa Dr.) Host Organization: NAMI San Diego. General Information: Shannon Jaccard @ (619) 584-5564. Media Information: Not available. Vendor Information: Not available. Internet: www.namiwalksandiego.org.

April

- Saturday 4/18 **23rd Annual Parkinson's 5K Walk & Fun Run**
 8:00 am - 12:00 pm Approximately 50,000 persons in San Diego are affected with Parkinson's disease. Proceeds from this 5K Walk and Fun Run will help to fund programs for research regarding this disease. Strollers, leashed dogs, and wheelchairs are welcomed. Post event entertainment is included. Admission: \$25.00-\$30.00 (adult) ~ \$15.00 (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Liberty Station (Legacy Plaza-Dewey Rd.-Truxtun Rd.-Roosevelt Rd.-South Promenade-Roosevelt Rd.-Cushing Rd.-Farragut Rd.-walk path-Cushing Rd.-Dewey R. d.-North Promenade-Dewey Rd.-Truxtun Rd.-Roosevelt Rd.-South Promenade-Legacy Plaza) Host Organization: Parkinson's Disease Association of San Diego. General Information: Bianca Koplewicz @ (858) 273-6763. Media Information: Not available. Vendor Information: Not available. Internet: www.parkinsonswalksd.com.
- Saturday 4/18 **CSTV Collegiate Nationals Volleyball (3-Day Event)**
 9:00 am - 4:00 pm The event is a three day collegiate national volleyball tournament where the top college volleyball teams are going to battle it out fo the winning title. You're welcome to come and watch the matches at Mariner's Point in West Mission Bay. Admission: None. Anticipated Attendance: 400/day. Anticipated Participants: Not available. Location: West Mission Bay (Mariner's Point). Host Organization: AVP Pro Beach Volleyball. General Information: Dave Williams @ (310) 426-8000 x-7123. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/18 **Target Archery (Therapeutic Recreation Services)**
 10:00 am - 12:30 pm Persons with physical disabilities (age 5-adult) can enjoy the sport of target archery. Beginners who have never attempted the sport can learn how to hold a bow and shoot an arrow. All equipment and instruction will be provided. Admission: \$25.00 (includes equipment & instruction) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: Balboa Park (Morley Field). Host Organization: Therapeutic Rec. Services/San Diego Archers Club. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 4/19 **Sharon's Ride, Run, Walk for Epilepsy**
 7:30 am - 1:00 pm The event is a fundraiser for the Epilepsy Foundation of San Diego. You can choose between a 5K run/walk along a bayfront walkway or a bike ride that travels around east and west Mission Bay. A fun clebration will conclude the event. Admission: \$25.00-\$35.00 (individual) ~ \$50.00-\$60.00 (family group up to 4-persons). Anticipated Attendance: Not available. Anticipated Participants: 400. Location: Mission Bay (meet at De Anza Cove). Host Organization: Epilepsy Foundation of San Diego County. General Information: Kathleen Stavis @ (619) 296-0161. Media Information: Not available. Vendor Information: Not available. Internet: www.epilepsysandiego.org.
- Sunday 4/19 **CSTV Collegiate Nationals Volleyball (3-Day Event)**
 9:00 am - 4:00 pm The event is a three day collegiate national volleyball tournament where the top college volleyball teams are going to battle it out fo the winning title. You're welcome to come and watch the matches at Mariner's Point in West Mission Bay. Admission: None. Anticipated Attendance: 400/day. Anticipated Participants: Not available. Location: West Mission Bay (Mariner's Point). Host Organization: AVP Pro Beach Volleyball. General Information: Dave Williams @ (310) 426-8000 x-7123. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

April

- Sunday 4/19
10:30 am - 3:30 pm
- Little Italy Spring Stickball League**
A game of stickball will be played on the streets in Little Italy. Its traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: State Street (between Ash St. & A St.) & Elm St. & Fir St. Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Saturday 4/25
6:30 am - 11:00 am
- CCSA Hunger Walk**
San Diego has its share of people in need. So to help these people, a sponsorship walk was formed by a group of interdenominational churches to provide funding for food and clothing. It's a non-competitive 2.4-mile easy-going walk upon a bayside walkway at East Mission Bay. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 175. Location: East Mission Bay (meet at De Anza Cove). Host Organization: Community Christian Service Agency. General Information: Jeanne McAlindin @ (619) 787-6935. Media Information: Not available. Vendor Information: Not available. Internet: www.ccsasandiego.org.
- Saturday 4/25
7:00 am - 10:00 am
- 23rd Annual Varsity Scout Triathlon**
The Boy Scouts of America are hosting a triathlon for older scouts, girls, and advisors (age 13-adult). The participants will swim across Enchanted Cove, cycle 3-laps around Fiesta Island, and run a shorter 2-mile looped course. Come and cheer them on! Admission: None. Anticipated Attendance: 200. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island Roadway and the Youth Aquatic Center). Host Organization: Boy Scouts of America. General Information: Barry Baker @ (760) 746-0500. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/25
9:00 am - 11:00 am
- March for Babies**
A nationwide fundraising walk organized by the March of Dimes will take place at Balboa Park. This 5K walk attracts about one-million people in 1,400 communities nationwide. The proceeds will help to improve the health of babies by preventing birth defects, premature birth, and infant mortality. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 3,000. Location: Balboa Park (El Prado/Balboa Dr.) - El Prado - Cabrillo Bridge - Plaza de Panama - Bea Evans Fountain - Village Place - Zoo Place - Village Place - El. Prado - Cabrillo Bridge - Balboa Dr. - Quince St. - 6th Ave. - Juniper St. - Balboa Dr./Juniper St.) Host Organization: March of Dimes. General Information: Nancy Coate @ (858) 576-1211. Media Information: Not available. Vendor Information: Not available. Internet: www.marchofdimes.com.
- Saturday 4/25
9:00 am - 3:00 pm
- Outrigger Challenge & Luau**
Long Polynesian wooden canoes will be racing in the bay at a 500-yard round robin tournament as 5-person teams work the paddles in synchronized motion. On shore, a luau accompanies the event with delicious cocktails, Polynesian food, and hula dancers swaying to wonderful Island music. Admission: \$200.00-\$225.00 (outrigger team) ~ \$15.00 (luau ticket). Anticipated Attendance: 750. Anticipated Participants: Not available. Location: West Mission Bay (Ventura Cove adjacent to the Bahia Hotel). Host Organization: San Diego Bowl Game Association. General Information: Marc Sawyer @ (619) 283-5808 x-313. Media Information: Not available. Vendor Information: Not available. Internet: www.pacificlifeholidaybowl.com.

April

- Saturday 4/25
9:30 am - 5:00 pm **17th Annual All American Soap Box Derby**
Youths (age 8-17) will assist with the creation of soap box derby cars and race them. The event teaches basic skills of workmanship and the spirit of competition. In a safe environment, approximately 100 derby cars will compete down a 500-foot hill and be transported back up to the top again. Admission: \$25.00 (entry fee for non-city resident) ~ FREE (city of San Diego resident). Anticipated Attendance: 1,000. Anticipated Participants: Not available. Location: Skyline Avenue (between 61st St. & Omeara St.). Host Organization: PAZZAZ, Inc.. General Information: Paul Jones @ (619) 264-6870. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/25
10:00 am - 12:00 pm **Handcycling in San Diego (Mission Bay Park)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at Mission Bay Park today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group! Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: West Mission Bay Park (meet at 3701 Mission Blvd.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/25
12:00 pm - 5:00 pm **1st Annual Beach Soccer Jam (2-Day Event)**
If you enjoy sun, sand, and the beach with your soccer, then this is the place to be. The event is a 2-day ultimate beach soccer jam! It's open to youth soccer players (age 8-17); plus open matches for men and women players (age 18 & older). Admission: None. Anticipated Attendance: 3,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island). Host Organization: Beach Soccer Jam, LLC. General Information: Raffi Ruotolo @ (858) 204-6630. Media Information: Not available. Vendor Information: Anthony Farace @ (619) 250-7962. Internet: www.beachsoccerjam.com.
- Sunday 4/26
7:30 am - 9:30 am **28th Annual La Jolla Shores 5K**
Participants who join this 5K run/walk will travel 3-miles along a winding coastline neighborhood of La Jolla with scenic views of the ocean and finish at beautiful Scripps Park where there are post event activities and refreshments. This event is in conjunction with the "La Jolla Half Marathon". Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: La Jolla Shores Dr./North Torrey Pines Rd. - La Jolla Shores Dr. - El Paseo Grande - Calle Opima - La Vereda - beach sidewalk - Avenue de la Playa - C. alle de la Playa - Paseo Dorado - Spindrif Dr. - Torrey Pines Rd. - Coast Blvd. - Scripps Park Host Organization: Kiwanis Club of La Jolla. General Information: Information desk @ (858) 454-0777. Media Information: Bill Perry @ (858) 454-4111. Vendor Information: Megan McAllister @ (858) 454-6512. Internet: www.lajollahalfmarathon.com.
- Sunday 4/26
7:30 am - 11:30 am **28th Annual La Jolla Half Marathon**
This is one of America's most popular half marathons (13.1-miles). From Del Mar to La Jolla, participants will travel along a scenic coastline, up a steep summit, through cozy neighborhoods, and finish at beautiful Scripps Park. This event is in conjunction with the "La Jolla Shores 5K". Admission: \$55.00. Anticipated Attendance: Not available. Anticipated Participants: 5,000. Location: Del Mar Fairgrounds-Via de la Valle-through Del Mar-North Torrey Pines Rd.-La Jolla Shores Dr.-El Paseo Grande-Calle Opima-Boardwalk-Avenida de la Playa - Calle de la Playa-Paseo Dorado-Spindrif Dr.-Prospect Place-Coast Blvd.-Scripps Park Host Organization: Kiwanis Club of La Jolla. General Information: Information desk @ (858) 454-0772. Media Information: Bill Perry @ (858) 454-4111. Vendor Information: Megan McAllister @ (858) 454-6512. Internet: www.lajollahalfmarathon.com.

April

Sunday 4/26
8:00 am - 5:00 pm **1st Annual Beach Soccer Jam (2-Day Event)**
If you enjoy sun, sand, and the beach with your soccer, then this is the place to be. The event is a 2-day ultimate beach soccer jam! It's open to youth soccer players (age 8-17); plus open matches for men and women players (age 18 & older). Admission: None. Anticipated Attendance: 3,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island). Host Organization: Beach Soccer Jam, LLC. General Information: Raffi Ruotolo @ (858) 204-6630. Media Information: Not available. Vendor Information: Anthony Farace @ (619) 250-7962. Internet: www.beachsoccerjam.com.

May

Saturday 5/2
7:00 am - 2:00 pm **15th Annual SDHS & SPCA Walk for Animals**
With a mixture of dogs and people, the event will begin with a pancake breakfast and a blessing of the animals. Then, it proceeds with a short walk around Crown Point Shores ending with an enjoyable afternoon mingling with new friends or shopping for pet products at the Vendor Village. Admission: Participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 3,000. Location: West Mission Bay (Crown Point Shores). Host Organization: San Diego Humane Society & SPCA. General Information: Debra Hansen @ (619) 243-3408. Media Information: Simran Noon @ (619) 243-3437. Vendor Information: Not available. Internet: www.sdhumane.org.

Saturday 5/2
7:00 am - 4:00 pm **1st Annual IronKids Triathlon**
It's a challenging triathlon event designed especially for children and teens (age 6-15). The event is just like the ones for adults, but with shorter distances. Depending on the age groups, the swim is from 50-500-yards, the cycle is from 2-8-miles, and the run is from 1/4-2-miles. Admission: \$50.00. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: East Mission Bay Park (South Shores Park & surrounding area). Host Organization: World Triathlon Corporation. General Information: Michelle Payette @ (813) 868-5940. Media Information: Not available. Vendor Information: Not available. Internet: www.ironkids.com.

Saturday 5/2
7:30 am - 5:00 pm **13th Annual Barrio Logan Grand Prix (Bicycle Race)**
As San Diego's largest bike race, it consists of fast-paced cycling on a "figure 8" course for professionals, moderate, and first-year cyclists. FREE helmets are given to the first 300 children who register to participate. The event is in conjunction with the "Barrio Logan Grand Prix Health Fair". Admission: \$15.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 900. Location: Barrio Logan (Newton Ave. - Beardsley St. - Main St. - Sigsbee St. - Newton Ave. - 16th St. - National Ave. - Segsbee St. - Newton Ave.). Host Organization: San Diego Bicycle Club. General Information: Information desk @ (858) 495-2454. Media Information: Sean Russell @ (858) 401-3510. Vendor Information: Kevin Sullivan @ (619) 587-8315. Internet: www.sdbc.org.

Saturday 5/2
8:00 am - 12:00 pm **14th Annual Union-Tribune Kids Magic Mile**
Dr. Seuss characters invite children and their parents to have a fun day at Balboa Park for a 1-mile run/walk where the proceeds benefit literacy programs throughout the county. There will be refreshments and entertainment, and each child will receive a book, medal, and a t-shirt. Admission: \$13.00 - \$22.00. Anticipated Attendance: Not available. Anticipated Participants: 7,000. Location: Balboa Park (6th Ave//Laurel St. - 6th Ave. - Upas St. - Balboa Dr. - Cypress Grove). Host Organization: San Diego Council on Literacy. General Information: Leisha Battles @ (760) 692-2900. Media Information: Lynn Flanagan @ (760) 692-2900. Vendor Information: Not available. Internet: www.inmotionevents.com.

May

- Saturday 5/2
10:00 am - 12:30 pm **Target Archery (Therapeutic Recreation Services)**
Persons with physical disabilities (age 5-adult) can enjoy the sport of target archery. Beginners who have never attempted the sport can learn how to hold a bow and shoot an arrow. All equipment and instruction will be provided. Admission: \$25.00 (includes equipment & instruction) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: Balboa Park (Morley Field). Host Organization: Therapeutic Rec. Services/San Diego Archers Club. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/2
5:00 pm - 9:00 pm **Take Steps for Crohn & Colitis Walk**
A nationwide event is bringing awareness about Crohn and Colitis which are two painful and unpredictable digestive diseases that affect millions of people. You're welcome to join a 2-mile walk at Liberty Station to help raise funds to further the research of these diseases. Admission: Participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: Liberty Station (NTC Park - Cushing Rd. - sidewalk - Womble Rd. - walkway - around the American Flag - walkway - playground - Cushing Rd. - NTC Park). Host Organization: The Crohn's & Colitis Foundation of America. General Information: Angel Chapman @ (619) 497-1300. Media Information: Not available. Vendor Information: Not available. Internet: www.cctakesteps.org.
- Sunday 5/3
7:00 am - 11:00 am **9th Annual Spring Sprint Triathlon & Duathlon**
Novice and experienced triathletes and duathletes can participate and compete individually or as a team. The Spring Course consists of a 1/4-mile swim, 9-mile cycle, and a 3-mile run. The Super Sprint Course consists of a 1/8-mile swim, 6-mile cycle, and a 1 1/2-mile run. Admission: \$70.00-\$80.00 (individual) ~ \$75.00-\$85.00 (relay team). Anticipated Attendance: Not available. Anticipated Participants: 1,100. Location: East Mission Bay (South Shores Park & Fiesta Island Roadway). Host Organization: KOZ Enterprises. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.
- Sunday 5/3
8:00 am - 11:00 am **20th Annual Union-Tribune Race for Literacy**
You can join a popular 8K run/walk that travels through Balboa Park to Pantoja Park in downtown San Diego. Proceeds will benefit literacy programs aimed to improve reading abilities for persons of all ages. A shuttle will take participants from the festival area back to Balboa Park. Admission: \$25.00 - \$33.00. Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Balboa Park (Pan American Rd./President's Way - Pan American Rd. - Bea Evans Fountain (Plaza de Panama) - El Prado - 6th Ave. - Robinson St. - on-ramp. to Highway 163 south - 10th Ave. - Broadway - 5th Ave. - G St. - Union St./G St. (Pantoja Park) Host Organization: San Diego Council on Literacy. General Information: Leisha Battles @ (760) 692-2900. Media Information: Lynn Flanagan @ (760) 692-2900. Vendor Information: Not available. Internet: www.inmotionevents.com.
- Sunday 5/3
10:30 am - 3:30 pm **Little Italy Spring Stickball League**
A game of stickball will be played on the streets in Little Italy. Its traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Columbia Street (between Cedar St. & Beech St.) ~ India Street (between Ash St. & A St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

May

- Friday 5/8 **Full Moon Paddle on Mission Bay**
 7:00 pm - 10:00 pm A nighttime tour of Mission Bay can be a great adventure on a kayak. Enjoy the comfort of silently gliding along on the water while searching for sea lions and a variety of bird species. You'll also get a rare backdoor view of Sea World. No previous kayaking or swimming experience is required. Admission: \$65.00 (adult) ~ \$20.00 (child age 6-12). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: San Diego Natural History Museum. Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Saturday 5/9 **Walk For Lupus Now**
 6:00 am - 12:00 pm Lupus is an autoimmune disease that affects more than 1.5 million Americans. This walk promotes physical activity and healthy living in a family-friendly setting. Proceeds from the event will support lupus research and education programs and patient and family support services. Admission: Complementary pledges/donations are received. Anticipated Attendance: Not available. Anticipated Participants: 350. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: Lupus Foundation. General Information: Christi Rauth @ (424) 750-2032. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/9 **11th Annual Liver Life Walk**
 6:30 am - 10:30 am The event offers a rare opportunity to take a 5K or a 1.5K safari walk within the San Diego Zoo and surrounding park area. You'll enter the zoo in the morning when many animals are awake and active while being cared for by their keepers. Proceeds will benefit research programs for liver disease. Admission: Donations are appreciated. Anticipated Attendance: Not available. Anticipated Participants: 1,200. Location: Balboa Park (lawn area at the War Memorial Building - San Diego Zoo - Richmond St. - Upas St. - Park Blvd. - War Memorial Building lawn area). Host Organization: American Liver Foundation. General Information: Kristin Luton @ (619) 291-5483. Media Information: Not available. Vendor Information: Not available. Internet: www.liverfoundation.org.
- Saturday 5/9 **Kinder Foundation 5K/1-Mile Run/Walk & Festival**
 7:00 am - 11:00 am The Kinder Foundation is hosting an athletic event with a fitness festival. The event offers a 5K Run/Walk and a 1-Mile Run/Walk. Proceeds from the event will benefit charter school students by providing sporting equipment and a curriculum for students to obtain an interest in health and fitness. Admission: \$25.00-\$30.00 (5K Run/Walk) ~ \$20.00-\$25.00 (1-Mile Run/Walk). Anticipated Attendance: Not available. Anticipated Participants: 6,000. Location: Liberty Station (Mayo Place - Dewey - Cushing - into Park - pathway - Farragut - Cushing - Womble - Decatur - Roosevelt - Ingraham Plaza - Dewey - Tru. xtun - Roosevelt - Mayo Place) Host Organization: The Kinder Foundation. General Information: Ashley Wirth @ (619) 263-9266. Media Information: Jennifer Hughes @ (619) 895-2190. Vendor Information: Cynthia Capizzo @ (619) 243-1773. Internet: www.life5K.org.
- Saturday 5/9 **28th Annual Crystal Pier Race**
 8:00 am - 4:00 pm It's a race for outrigger canoe teams! Novice and professional paddlers will work in synchronized motion to get their long wooden boats to glide quickly across the water as it is done in Hawaii. There will also be post event festivities with food, music, and merchandise. Admission: \$9.00 (participating paddlers). Anticipated Attendance: 1,200. Anticipated Participants: Not available. Location: West Mission Bay (North Ski Beach). Host Organization: Hanohano Outrigger Canoe Club. General Information: Suzanne Serafin @ (619) 851-5097. Media Information: Not available. Vendor Information: Not available. Internet: www.hanohano.org.

May

- Saturday 5/9
8:30 am - 10:00 am **Canyoneer's Walk (Roadrunner Park Loop)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This moderate hike will take you on a 3-mile looped trail along the ridge of a canyon where you might get a glimpse of a rabbit, hawk, lizard, or a roadrunner. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Roadrunner Park Loop (Hwy. 15 - Terasanta Blvd. (east) - La Cuenta Dr. (right) - go 0.3-miles - park on the street next to Roadrunner Park) Thomas Br. os. Map: Page 1249 H-2 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Saturday 5/9
9:00 am - 4:00 pm **Saturday on the Greens (Lawn Bowling Clinic)**
Today, you can have free individual instruction in the game of lawn bowling. The object of the game is to toss a "bawl" (small black ball) onto a grass bowling green and get it to roll closest to a small white ball called a "jack". It may look easy, but it takes skill to gauge curves and speed. Admission: None. Anticipated Attendance: 200. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling greens near Laurel St. & Balboa Dr.). Host Organization: San Diego Lawn Bowling Club. General Information: Melanie Vizinor @ (619) 291-1894. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/9
10:00 am - 12:00 pm **Handcycling in San Diego (Quivera Basin)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at the Quivera Basin today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group! Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Quivera Basin (meet at 2500 Quivera Way). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 5/10
8:00 am - 10:00 am **Girls on the Run 5K**
Girls (age 8-11) will participate at a 5K run in Balboa Park today. The girls are enrolled in a program that provides self-esteem enhancing workoutsto encourage positive emotional, social, mental, spiritual, and physical development. Come and cheer them on! Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 225. Location: Balboa Park (west side of park near 6th Ave. & El Prado). Host Organization: Girls on the Run San Diego. General Information: Cathy Prestonesse @ (619) 813-9020. Media Information: Not available. Vendor Information: Not available. Internet: www.gotrsd.org.
- Sunday 5/10
8:00 am - 12:00 pm **5th Annual Walk to Empower Breast Cancer**
Today is Mother's Day! you can make it an extra special day by joining a walk where the proceeds provide programs and services for breast cancer patients, survivors, and their families. The walk will take place at South Mission Bay with a scenic view all around. Admission: Donations are received. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: West Mission Bay (Mariner's Point - North Jetty Blvd. - boardwalk - Belmont Park - Mariner's Point). Host Organization: Breast Cancer Network of Strength. General Information: Christine Spencer @ (858) 625-4667. Media Information: Not available. Vendor Information: Not available. Internet: www.networkofstrength.org.

May

- Saturday 5/16 **3rd Annual San Diego Century Bicycle Tour**
 6:00 am - 6:00 pm Cyclists from Southern California and throughout the country can test their endurance at this cycling event. Riders can choose between a challenging 37-mile course, a grueling 66-mile course, or an extreme 103-mile course. All rides begin and end at Mira Costa College in Encinitas. Admission: \$50.00 (37-mile course) ~ \$60.00 (66-mile course) ~ \$60.00 (103-mile course). Anticipated Attendance: Not available. Anticipated Participants: 1,250. Location: Start & Finish is at Mira Costa College (Encinitas, Carlsbad, San Marcos, County of San Diego, Escondido, Rancho Santa Fe, Del Sur, Rancho Penasquitos, Poway, Ramona, Solana Beach, and back to Encinitas) Host Organization: San Diego Century Bicycle Tour. General Information: Jim Curl @ (858) 259-9595. Media Information: Not available. Vendor Information: Not available. Internet: www.encinitasrace.com.
- Saturday 5/16 **Great Strides Walk to Cure Cystic Fibrosis**
 7:00 am - 12:00 pm Would you like to join a 4-mile nationwide walking event to help persons who are afflicted with cystic fibrosis? It's a good way to get exercise while raising funds for the Cystic Fibrosis Foundation. The McGruff Crime Dog will be there along with a caricature artist and a clown. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 600. Location: East Mission Bay (De Anza Cove - Tecolote Shores - De Anza Cove). Host Organization: Cystic Fibrosis Foundation. General Information: Marilee Pacelli @ (858) 452-2873. Media Information: Not available. Vendor Information: Not available. Internet: www.cff.org.
- Saturday 5/16 **22nd Annual Jack in the Box "Hoops at the Beach" (2-Day Event)**
 8:00 am - 4:00 pm This event is the largest 3-on-3 basketball tournament in San Diego. Many mini-courts will be set up to accommodate players of all ages in half-court basketball games. Other challenges consist of a slam dunk contest, free throw contest, and a 3-point shootout. Admission: \$100.00 (adult team) ~ \$85.00 (high school team) ~ \$75.00 (youth team). Anticipated Attendance: 1,000/day. Anticipated Participants: Not available. Location: West Mission Bay Park (Crown Point Shores parking lot). Host Organization: San Diego Bowl Game Association. General Information: Marc Sawyer @ (619) 283-5808 x-313. Media Information: Mark Neville @ (619) 283-5808 x-309. Vendor Information: Not available. Internet: www.pacificlifefestivalbowl.com.
- Saturday 5/16 **Ray of Sunshine Charity Walk**
 8:00 am - 10:00 am By joining this charity walk, you'll be giving a ray of sunshine to persons who need it. Proceeds will benefit victims of sexual assaults and relationship violence. The walk will take place upon a winding roadway at beautiful Lake Miramar. Admission: \$20.00. Anticipated Attendance: Not available. Anticipated Participants: 225. Location: Lake Miramar. Host Organization: Center for Community Solutions. General Information: Gretchen Hernandez @ (858) 776-1453. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/16 **Canyoneer's Walk (Lopez Canyon Open Space Preserve)**
 9:30 am - 11:00 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will take you past magnificent sycamore trees and along an old creek bed where dense chaparral intermixes with coastal sage scrub. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lopez Canyon Open Space Preserve (Hwy. 5 - Sorrento Valley Rd. (west) - cross railroad tracks - (becomes Sorrento Valley Blvd.) - parking lot (right). Thomas Bros. Map: Page 1208 F-4 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

May

- Saturday 5/16
10:00 am - 12:30 pm
- Target Archery (Therapeutic Recreation Services)**
Persons with physical disabilities (age 5-adult) can enjoy the sport of target archery. Beginners who have never attempted the sport can learn how to hold a bow and shoot an arrow. All equipment and instruction will be provided. Admission: \$25.00 (includes equipment & instruction) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: Balboa Park (Morley Field). Host Organization: Therapeutic Rec. Services/San Diego Archers Club. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 5/17
8:00 am - 4:00 pm
- 22nd Annual Jack in the Box "Hoops at the Beach" (2-Day Event)**
This event is the largest 3-on-3 basketball tournament in San Diego. Many mini-courts will be set up to accommodate players of all ages in half-court basketball games. Other challenges consist of a slam dunk contest, free throw contest, and a 3-point shootout. Admission: \$100.00 (adult team) ~ \$85.00 (high school team) ~ \$75.00 (youth team). Anticipated Attendance: 1,000/day. Anticipated Participants: Not available. Location: West Mission Bay Park (Crown Point Shores parking lot). Host Organization: San Diego Bowl Game Association. General Information: Marc Sawyer @ (619) 283-5808 x-313. Media Information: Mark Neville @ (619) 283-5808 x-309. Vendor Information: Not available. Internet: www.pacificlifeholidaybowl.com.
- Sunday 5/17
8:00 am - 12:00 pm
- 23rd Annual Navy's Original Bay Bridge Run/Walk**
A running and walking event across the Coronado Bay Bridge is a rare opportunity, and today is the day to do it. The route begins in the Gaslamp Quarter in downtown San Diego and proceeds across the bridge and onward to Coronado Island to Tidelands Park concluding with fun festivities. Admission: \$36.00-\$44.00 (adult) ~ \$32.00-\$40.00 (active duty military) ~ \$32.00-\$40.00 (senior age 65+) ~ \$17.00-\$25.00 (child age 4-12) ~ \$185.00-\$230.00 (5-pe. Anticipated Attendance: Not available. Anticipated Participants: 8,000. Location: Harbor Dr. (near 5th Ave.) - Cesar Chavez Way - National Ave. - Coronado Bay Bridge - Tidelands Park (Coronado Island). Host Organization: Comander Navy Region Southwest. General Information: Kim Hansen @ (858) 538-9348. Media Information: Mindy Hays @ (619) 556-7455. Vendor Information: Irene Wells @ (619) 556-7464. Internet: www.mwrtoday.com.
- Sunday 5/17
10:30 am - 3:30 pm
- Little Italy Spring Stickball League**
A game of stickball will be played on the streets in Little Italy. Its traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: State Street (between Ash St. & A St.) & Elm St. & Fir St. Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Saturday 5/23
7:30 am - 1:00 pm
- In The Spirit of Independence Walk-A-Thon**
The Blind Community Center of San Diego has organized a fundraising walk-a-thon that benefits persons who are blind. This 5K and 10K walk will take place in the outdoor air at beautiful Lake Murray. So, lace up your athletic shoes and join others out at the lake. Admission: Donations & pledges are appreciated. Anticipated Attendance: Not available. Anticipated Participants: 60. Location: Lake Murray. Host Organization: Blind Community Center of San Diego. General Information: Aurora Ortez @ (619) 298-5021 x-204. Media Information: Not available. Vendor Information: Not available. Internet: www.bccsd.org.

May

- Saturday 5/23 **17th Annual San Diego All American Soap Box Derby (Sherman Heights)**
 9:00 am - 7:00 pm Youths (age 8-17) will be racing gravity cars down a slanted hill in Sherman Heights. The soap box cars are created by youths under supervised guidance that teaches basic skills of workmanship and promotes families to work together. It's an exciting event for all who attend. Admission: None. Anticipated Attendance: 700. Anticipated Participants: Not available. Location: Sherman Heights (25th Street between Imperial Ave. & Market St.). Host Organization: Sherman Heights Community Center. General Information: James Justice @ (619) 234-3751. Media Information: Not available. Vendor Information: Not available. Internet: www.aasbd.com.
- Monday 5/25 **Holiday at Home Relay Race**
 9:00 am - 10:30 am The community of Kensington is hosting a running event as a kick-off to a hometown parade. It consists of a 1-mile relay of 4-person teams of various ages and abilities. This event is in conjunction with the "Holiday at Home Parade" and the "Holiday at Home Bazaar". Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 150. Location: Marlborough Avenue (between Adams Ave. & Ridgeway St.). Host Organization: Kensington Social and Athletic Club. General Information: Julie Braden @ (619) 234-2266. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/30 **Soccer in the Sand**
 7:00 am - 5:30 pm The sport of beach soccer is more challenging for players when it's played on sand instead of on dirt or a grassy field. Approximately 200 youths (age 9-17) from various soccer programs throughout Southern California will come together to compete for awards. Come and watch the matches! Admission: None. Anticipated Attendance: 500. Anticipated Participants: Not available. Location: West Mission Bay (Mariner's Point). Host Organization: Soccer in the Sand. General Information: Chris Lemay @ (858) 442-9082. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 5/31 **12th Annual Rock n' Roll Marathon**
 6:25 am - 3:00 pm Athletes worldwide will be coming to San Diego to participate in one of the nation's premier marathons. Approximately 45 live bands and 40 cheerleading groups will actively entertain runners along a 26.2-mile course. The Leukemia and Lymphoma Society is the event's official charity. Admission: \$110.00-\$135.00. Anticipated Attendance: Not available. Anticipated Participants: 22,000. Location: 6th Ave./Palm St.-6th Ave.-University Ave.-Park Blvd.-Petco Park-Gaslamp Quarter-Harbor Dr.-Broadway- Hwy. 163-Friars Rd.-Marina Blvd.-Bay Park-Claire. mont Dr.-Pacific Beach-Crown Point-Ingraham Street Bridge-Frontage Rd.- Pacific Hwy.-Barnett Ave.-Marine Corps Recruit Depot Host Organization: Competitor Group, Inc.. General Information: Kari Logan @ (858) 450-6510. Media Information: Dan Cruz @ (858) 450-6510. Vendor Information: Joel Griesbach @ (858) 450-6510. Internet: www.rnmrathon.com.
- Sunday 5/31 **Canyoneer's Walk (Mission Trails Park - Visitor's Center)**
 9:30 am - 10:30 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will take you to an area near the Visitor's Center to look for medicinal plants and signs of native wildlife. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Mission Trails Park - Visitor's Center (Hwy. 8 - Mission Gorge Rd. (north) - Father Junipero Serra Trail (left) - Visitor's Center parking lot) Thomas. Bros. Map: Page 1250 D-2 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

May

Sunday 5/31
 10:30 am - 3:30 pm **Little Italy Spring Stickball League**
 A game of stickball will be played on the streets in Little Italy. Its traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Union Street (between Date St. & Cedar St.) ~ State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

June

Tuesday 6/2
 10:15 am - 4:00 pm **20th Annual Law Enforcement Torch Run**
 Over 200 law enforcement personnel from several agencies will run and carry a flame-lit torch along the western edge of San Diego passing it from one to another in a relay format. The route will extend from Chula Vista to Oceanside. The event is a fundraiser for the Special Olympics in California. Admission: None. Anticipated Attendance: 5,000. Anticipated Participants: Not available. Location: Chula Vista - National City - Downtown San Diego - Old Town - Mission Bay - Mission Beach - Pacific Beach - La Jolla - Torrey Pines - Del Mar - Carlsbad - Oceanside Host Organization: Special Olympics Southern California. General Information: Teresa Contreras @ (619) 283-6100. Media Information: Not available. Vendor Information: Not available. Internet: www.specialolympicssandiego.com.

Saturday 6/6
 7:00 am - 12:00 pm **Let's Move Together Arthritis Walk**
 Let's move together! By joining this arthritis walk, you become part of a nationwide effort to encourage people to keep moving to prevent or treat arthritis. The event offers a 1-mile walk and a 3-mile walk and will be accompanied by a small expo. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: Liberty Station (Chauncey Rd./Historic Decatur Rd. - Chauncey Rd. - Cushing Rd. - Roosevelt Rd. - Dewey Rd. - Truxton Rd. - Expo area). Host Organization: Arthritis Foundation - San Diego Chapter. General Information: Andrea Muir @ (858) 492-1090 x-116. Media Information: Not available. Vendor Information: Not available. Internet: www.arthritis-sandiego.org.

Saturday 6/6
 10:00 am - 12:30 pm **Target Archery (Therapeutic Recreation Services)**
 Persons with physical disabilities (age 5-adult) can enjoy the sport of target archery. Beginners who have never attempted the sport can learn how to hold a bow and shoot an arrow. All equipment and instruction will be provided. Admission: \$25.00 (includes equipment & instruction) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: Balboa Park (Morley Field). Host Organization: Therapeutic Rec. Services/San Diego Archers Club. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

June

- Sunday 6/7
10:00 am - 4:30 pm **Pedal to the Park (Therapeutic Recreation Services)**
Persons of various abilities can share the benefits of cycling and the social enjoyment at the ballpark. Participants will ride their bikes from Balboa Park to Petco Park to watch the game (Padres vs. Diamond Backs) and pedal back to Balboa Park when the game is over. Bicycle parking is provided. Admission: \$15.00-\$30.00 (includes a reserved seat at the Padres game and FREE attended bike parking at Petco Park parking pavilion). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: Balboa Park (south lawn area at the War Memorial Bldg. (3325 Zoo Dr.) - Petco Park (100 Park Blvd.) - Balboa Park (War Memorial Bldg.). Host Organization: Pedal to the Park Committee. General Information: Connie Hegey @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: www.pedaltothepark.com.
- Saturday 6/13
8:30 am - 10:00 am **Canyoneer's Walk (Lake Murray - Murray Park Dr.)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will take you along apaved roadway next to a sparkling lake and onward to a dam that was built in 1918. Enjoy the views of waterbirds and wildflowers along the way. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Murray - Murray Park Dr. (Hwy. 8 - College Ave. (north) - Navajo Rd. (right) - Park Ridge Blvd. (right) - Murray Park Dr. (left) - park at the ba. seball field) Thomas Bros. Map: Page 1250 E-6 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Saturday 6/13
10:00 am - 12:00 pm **Handcycling in San Diego (Miramar Lake)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at Miramar Lake today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group! Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Miramar Lake (meet at 10710Scripps Lake Dr.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 6/14
9:00 am - 11:00 am **Canyoneer's Walk (Torrey Pines State Reserve - Sorrento Valley)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals, and more? This easy walk will take you along achaparral trail that contains a variety of plants, reptiles, birds, and butterflies. It'll be a pleasant morning adventure. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Torrey Pines State Reserve - Sorrento Valley (Hwy. 805 - Sorrento Valley Rd./Mira Mesa Blvd. - Sorrento Valley Rd. (left) - cross railroad tracks - Ro. selle St. (right) - Esturary Rd. (left) - follow the Canyoneer sign at Flintkote Rd. - dirt parking lot) Thomas Bros. Map: Page 1208 A-5 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 6/14
10:30 am - 3:30 pm **Little Italy Summer Stickball League**
A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 75. Anticipated Participants: Not available. Location: Columbia Street (between Cedar St. & Beech St.) ~ India Street (between Ash St. & A St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

June

- Friday 6/19 **San Diego Beach Tennis Smash (3-Day Event)**
 10:00 am - 6:00 pm Beach tennis merges the sport of tennis and beach volleyball into one exciting sport. It can be played competitively or recreationally, and because it's simple to play, it appeals to athletes and non-athletes of all ages. You can be a player at this tournament as an individual or as a team. Admission: \$10.00 (individual) ~ \$50.00 (2-person team). Anticipated Attendance: Not available. Anticipated Participants: 75/day. Location: West Mission Bay (Mariner's Point). Host Organization: San Diego Beach Tennis Association. General Information: Gretchen Magers @ (619) 920-7075. Media Information: Not available. Vendor Information: Not available. Internet: www.beachtennissandiego.com.
- Saturday 6/20 **Shri Mandir 5K Walk-A-Thon**
 8:00 am - 12:00 pm The Shri Mandir Temple is hosting a non-competitive 5K walk at Lake Miramar. The scenic beauty of the lake will make it an enjoyable experience. After the walk, families can have a picnic at the lake with the lunch they brought and mingle with the other participants. Admission: \$50.00 (family group). Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Lake Miramar. Host Organization: Shri Mandir Temple. General Information: Nalini Desai @ (858) 695-1548. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/20 **San Diego Beach Tennis Smash (3-Day Event)**
 9:00 am - 6:00 pm Beach tennis merges the sport of tennis and beach volleyball into one exciting sport. It can be played competitively or recreationally, and because it's simple to play, it appeals to athletes and non-athletes of all ages. You can be a player at this tournament as an individual or as a team. Admission: \$10.00 (individual) ~ \$50.00 (2-person team). Anticipated Attendance: Not available. Anticipated Participants: 75/day. Location: West Mission Bay (Mariner's Point). Host Organization: San Diego Beach Tennis Association. General Information: Gretchen Magers @ (619) 920-7075. Media Information: Not available. Vendor Information: Not available. Internet: www.beachtennissandiego.com.
- Saturday 6/20 **Target Archery (Therapeutic Recreation Services)**
 10:00 am - 12:30 pm Persons with physical disabilities (age 5-adult) can enjoy the sport of target archery. Beginners who have never attempted the sport can learn how to hold a bow and shoot an arrow. All equipment and instruction will be provided. Admission: \$25.00 (includes equipment & instruction) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: Balboa Park (Morley Field). Host Organization: Therapeutic Rec. Services/San Diego Archers Club. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 6/21 **San Diego Beach Tennis Smash (3-Day Event)**
 9:00 am - 6:00 pm Beach tennis merges the sport of tennis and beach volleyball into one exciting sport. It can be played competitively or recreationally, and because it's simple to play, it appeals to athletes and non-athletes of all ages. You can be a player at this tournament as an individual or as a team. Admission: \$10.00 (individual) ~ \$50.00 (2-person team). Anticipated Attendance: Not available. Anticipated Participants: 75/day. Location: West Mission Bay (Mariner's Point). Host Organization: San Diego Beach Tennis Association. General Information: Gretchen Magers @ (619) 920-7075. Media Information: Not available. Vendor Information: Not available. Internet: www.beachtennissandiego.com.

June

- Saturday 6/27
7:00 am - 7:00 pm **Old Aztecs Summer Invitational Sevens (Rugby Tournament)**
This USA rugby sanctioned tournament is one of the most popular club-level tournaments of its kind in the West. Teams for Mens', Womens', and Old Boys will be divided into Competitive, Open, and Social divisions. There will also be divisions for youth club members (age 8-18). Come and watch! Admission: None. Anticipated Attendance: 600. Anticipated Participants: Not available. Location: Ocean Beach (Robb Field - 2525 Bacon St., Fields 1-4). Host Organization: San Diego Old Aztecs Rugby Football Club. General Information: Pierre Charmasson @ (619) 843-5640. Media Information: Not available. Vendor Information: Not available. Internet: www.oldaztecsrfc.com.
- Saturday 6/27
8:00 am - 5:00 pm **Kai Elua Ironman Outrigger Championships**
Members of the Southern California Outrigger Racing Association from California, Nevada, Arizona, and Hawaii are coming together to compete at a longdistance outrigger championship event. You can watch the teams paddle their long boats in the bay while hula dancers sway to music onshore. Admission: None. Anticipated Attendance: 2,000. Anticipated Participants: Not available. Location: West Mission Bay Park (Mariner's Point). Host Organization: Kai Elua Outrigger Canoe Club. General Information: Betsy Service @ (619) 929-7334. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/27
10:00 am - 12:00 pm **Handcycling in San Diego (North Crown Point Shores)**
Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at North Crown Point Shores today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group! Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: West Mission Bay (North Crown Point Shores - meet at 3791 Corona Oriente Rd.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 6/28
6:45 am - 11:45 am **26th Annual San Diego International Triathlon**
The triathlon is designed for individuals and relay teams. The Spring Course offers a 500-meter swim, 20K cycle, and a 6-mile run. The International Course offers a 1,000-meter swim, 30K cycle, and a 10K run. Proceeds benefit the St. Vincent de Paul Village for homeless persons in San Diego. Admission: \$100.00 (individual for Sprint Course) ~ \$125.00 (individual for International Course) ~ \$125.00 (relay team for International Course). Anticipated Attendance: Not available. Anticipated Participants: 1,300. Location: Triathlon (Spanish Landing Park & Embarcadero marina Park North) ~ Expo (Spanish Landing Park). Host Organization: St. Vincent de Paul Village. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Emily Velez-Confer @ (619) 446-2722. Vendor Information: Not available. Internet: www.kozenterprises.com.
- Sunday 6/28
9:00 am - 5:00 pm **VAVi's Grass Volleyball Championship**
Would you like to play in the largest grass volleyball tournament in San Diego? 16-volleyball courts will be set on the grass at NTC Park in LibertyStation for some challenging games. Participants can form a team or play as an individual. The event will have food, beer, music, and sports gear. Admission: \$190.00 (Competitive Coed 4s team) ~ \$50.00 (Competitive Coed 4s individual) ~ \$150.00 (Social Coed 4s team) ~ \$40.00 (Social Coed 4s individual) ~ \$2. Anticipated Attendance: Not available. Anticipated Participants: 250. Location: Point Loma (Liberty Station - NTC Park near Cushing Rd. & Womble Rd.). Host Organization: VAVi Sport & Social Club. General Information: John Grindle @ (858) 273-3485. Media Information: Not available. Vendor Information: Not available. Internet: www.govavi.com.

June

Sunday 6/28
10:30 am - 3:30 pm

Little Italy Summer Stickball League
A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 75. Anticipated Participants: Not available. Location: State Street (between Elm St. & Fir St.) ~ Union Street (between Date St. & Cedar St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

July

Saturday 7/4
6:00 am - 1:00 pm

Scripps Ranch 10K & 2-Mile Fun Run & Bike Rides
This event offers several running and cycling opportunities that will take place in Scripps Ranch. You can choose between a 10K road race, 2-mile fun run, 12-mile cycle, 28-mile cycle, or a 50-mile cycle. Proceeds will benefit athletic programs and scholarships for local high school students. Admission: \$25.00-\$30.00 (10K) ~ \$15.00-\$20.00 (2-mile fun run) ~ \$15.00-\$20.00 (12-mile cycle) ~ \$25.00-\$30.00 (28-mile cycle) ~ \$35.00-\$40.00 (50-mile cycle). Anticipated Attendance: Not available. Anticipated Participants: 2,900. Location: 10K (Miramar Ranch School parking lot at Red Cedar Dr. - Hoyt Park at Canyon Lake Dr.) ~ 2-Mile Fun Run (Miramar Ranch School parking lot at Red Cedar Dr. - Hoyt Park at Canyon Lake Dr.) ~ Bike Rides: 12-mile/28-mile/50-mile (Hibert St. - Hoyt Park) Host Organization: Scripps Ranch Old Pros. General Information: Scott Brown @ (858) 722-4217. Media Information: Steve Fiorina @ (619) 929-2286. Vendor Information: Bryan Allen @ (619) 885-6948. Internet: www.srop.org.

Saturday 7/4
7:00 am - 8:30 am

21st Annual 4th of July UC Celebration (5K Run/Walk)
An enjoyable 5K run/walk around the parameter of Standley Park will take place in the morning before a celebration festival. Pre-paid participants will receive a pancake breakfast afterward. This event is in conjunction with the "4th of July UC Celebration Festival". Admission: \$20.00. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Standley Park (3585 Governor Dr.). Host Organization: Standley Park Recreation Council. General Information: Cathy Romanas @ (858) 395-4318. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

Saturday 7/11
7:30 am - 7:30 pm

56th Annual Over-The-Line Tournament (2-Day Event)
This rough and tumble sport is a form of softball played on the sand. It's limited to 1,200 3-person teams in 9 age divisions for men and women with over 2,000 games played on 50 courts over a period of two weekends. It's a popular beach event to mingle and enjoy with food, drink, and music. Admission: None. Anticipated Attendance: 12,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island). Host Organization: Old Mission Beach Athletic Club. General Information: Donald Peterson @ (619) 297-8480 x-202. Media Information: Duke Marston @ (619) 889-0700. Vendor Information: Not available. Internet: www.ombac.org.

July

<p>Sunday 7/12 7:30 am - 7:30 pm</p>	<p>56th Annual Over-The-Line Tournament (2-Day Event) This rough and tumble sport is a form of softball played on the sand. It's limited to 1,200 3-person teams in 9 age divisions for men and women with over 2,000 games played on 50 courts over a period of two weekends. It's a popular beach event to mingle and enjoy with food, drink, and music. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 12,000/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> East Mission Bay (Fiesta Island). <u>Host Organization:</u> Old Mission Beach Athletic Club. <u>General Information:</u> Donald Peterson @ (619) 297-8480 x-202. <u>Media Information:</u> Duke Marston @ (619) 889-0700. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.ombac.org.</p>
<p>Monday 7/13 10:00 am - 3:00 pm</p>	<p>Camp at the Bay (Therapeutic Recreation Services) (5-Day Event) Persons with disabilities (age 7-adult) can experience active recreational fun at the bay. This 5-day campout offers sporting activities such as swimming, tubing, sailing, kayaking, jet skiing, karate, and craft-making. Participants that need assistance are required to bring an attendant. <u>Admission:</u> \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 80/day. <u>Location:</u> West Mission Bay (North Crown Point Shores). <u>Host Organization:</u> Therapeutic Recreation Services. <u>General Information:</u> Information desk @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p>
<p>Tuesday 7/14 10:00 am - 3:00 pm</p>	<p>Camp at the Bay (Therapeutic Recreation Services) (5-Day Event) Persons with disabilities (age 7-adult) can experience active recreational fun at the bay. This 5-day campout offers sporting activities such as swimming, tubing, sailing, kayaking, jet skiing, karate, and craft-making. Participants that need assistance are required to bring an attendant. <u>Admission:</u> \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 80/day. <u>Location:</u> West Mission Bay (North Crown Point Shores). <u>Host Organization:</u> Therapeutic Recreation Services. <u>General Information:</u> Information desk @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p>
<p>Wednesday 7/15 10:00 am - 3:00 pm</p>	<p>Camp at the Bay (Therapeutic Recreation Services) (5-Day Event) Persons with disabilities (age 7-adult) can experience active recreational fun at the bay. This 5-day campout offers sporting activities such as swimming, tubing, sailing, kayaking, jet skiing, karate, and craft-making. Participants that need assistance are required to bring an attendant. <u>Admission:</u> \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 80/day. <u>Location:</u> West Mission Bay (North Crown Point Shores). <u>Host Organization:</u> Therapeutic Recreation Services. <u>General Information:</u> Information desk @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p>
<p>Thursday 7/16 10:00 am - 3:00 pm</p>	<p>Camp at the Bay (Therapeutic Recreation Services) (5-Day Event) Persons with disabilities (age 7-adult) can experience active recreational fun at the bay. This 5-day campout offers sporting activities such as swimming, tubing, sailing, kayaking, jet skiing, karate, and craft-making. Participants that need assistance are required to bring an attendant. <u>Admission:</u> \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 80/day. <u>Location:</u> West Mission Bay (North Crown Point Shores). <u>Host Organization:</u> Therapeutic Recreation Services. <u>General Information:</u> Information desk @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p>

July

- Friday 7/17 **California State Games (3-Day Event)**
 9:00 am - 5:00 pm It's time for the California State Games! In throughout San Diego and the County of San Diego are serious competitions in the field of sports. You can watch high active matches of basketball, softball, badminton, archery, swimming, table tennis, wrestling, weightlifting, and more. Admission: None. Anticipated Attendance: 3,000/day. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: California State Games. General Information: Information desk @ (619) 223-2033. Media Information: Not available. Vendor Information: Not available. Internet: www.calstategames.org.
- Friday 7/17 **Camp at the Bay (Therapeutic Recreation Services) (5-Day Event)**
 10:00 am - 3:00 pm Persons with disabilities (age 7-adult) can experience active recreational fun at the bay. This 5-day campout offers sporting activities such as swimming, tubing, sailing, kayaking, jet skiing, karate, and craft-making. Participants that need assistance are required to bring an attendant. Admission: \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions). Anticipated Attendance: Not available. Anticipated Participants: 80/day. Location: West Mission Bay (North Crown Point Shores). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 7/18 **Bake at the Lake**
 7:30 am - 10:30 am A 4-mile cross country race will take place on trails at Lake Hodges where the proceeds will help to fund the Rancho Buena Vista High School Water Polo and Swim Teams. If you participate, you'll get a good workout for a good cause. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 70. Location: Lake Hodges. Host Organization: Rancho Buena Vista High School. General Information: Joe Crosswhite @ (760) 723-3257. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 7/18 **56th Annual Over-The-Line Tournament (2-Day Event)**
 7:30 am - 7:30 pm This rough and tumble sport is a form of softball played on the sand. It's limited to 1,200 3-person teams in 9 age divisions for men and women withover 2,000 games played on 50 courts over a period of two weekends. It's a popular beach event to mingle and enjoy with food and music. Admission: None. Anticipated Attendance: 12,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island). Host Organization: Old Mission Beach Athletic Club. General Information: Donald Peterson @ (619) 297-8480 x-202. Media Information: Duke Marston @ (619) 889-0700. Vendor Information: Not available. Internet: www.ombac.org.
- Saturday 7/18 **California State Games (3-Day Event)**
 9:00 am - 5:00 pm It's time for the California State Games! In throughout San Diego and the County of San Diego are serious competitions in the field of sports. You can watch high active matches of basketball, softball, badminton, archery, swimming, table tennis, wrestling, weightlifting, and more. Admission: None. Anticipated Attendance: 3,000/day. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: California State Games. General Information: Information desk @ (619) 223-2033. Media Information: Not available. Vendor Information: Not available. Internet: www.calstategames.org.

July

- Saturday 7/18 **28th Annual LGBT Run and Stride with Pride**
 9:15 am - 10:30 am A 5K run/walk is a kick-off to the LGBT Pride Parade. Amid a large cheering crowd, participants will run and stride with pride from Hillcrest to Balboa Park and back to Hillcrest. This event is in conjunction with the "LGBT Pride Parade". Admission: \$25.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: University Ave./Centre St. - University Ave. - 6th Ave. - Upas St. - Balboa Dr. - Quince St. - Balboa Dr. - 6th Ave. - University Ave. - Centre St./Un. iversity Ave. Host Organization: San Diego LGBT Pride, Inc.. General Information: Ron deHarte @ (619) 297-7683 x-103. Media Information: Frank Sabatini @ (619) 2977683 x-112. Vendor Information: Not available. Internet: www.sandiegopriderg.org.
- Sunday 7/19 **San Diego Blood Bank 5K Run/Walk**
 7:00 am - 11:00 am The San Diego Blood Bank offers a 5K run/walk along a scenic course with spectacular views of the San Diego Bay, U.S. Navy ships, cruise ships, and more. The walk begins and ends at the Embarcadero Marina Park near Seaport Village. Fun festivities for participants accompany the event. Admission: \$30.00 (adult) ~ \$15.00 (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Embarcadero Marina Park North - Seaport Village - Embarcadero Marina Park North - Kettner Blvd. - Embarcadero Marina Park North. Host Organization: San Diego Blood Bank. General Information: Claudine Van Gonka @ (619) 517-5751. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiegobloodbank.org.
- Sunday 7/19 **56th Annual Over-The-Line Tournament (2-Day Event)**
 7:30 am - 5:00 pm This rough and tumble sport is a form of softball played on the sand. It's limited to 1,200 3-person teams in 9 age divisions for men and women withover 2,000 games played on 50 courts over a period of two weekends. It's a popular beach event to mingle and enjoy with food, drink, and music. Admission: None. Anticipated Attendance: 12,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island). Host Organization: Old Mission Beach Athletic Club. General Information: Donald Peterson @ (619) 297-8480 x-202. Media Information: Duke Marston @ (619) 889-0700. Vendor Information: Not available. Internet: www.ombac.org.
- Sunday 7/19 **California State Games (3-Day Event)**
 9:00 am - 5:00 pm It's time for the California State Games! In throughout San Diego and the County of San Diego are serious competitions in the field of sports. You can watch high active matches of basketball, softball, badminton, archery, swimming, table tennis, wrestling, weightlifting, and more. Admission: None. Anticipated Attendance: 3,000/day. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: California State Games. General Information: Information desk @ (619) 223-2033. Media Information: Not available. Vendor Information: Not available. Internet: www.calstategames.org.
- Sunday 7/19 **Little Italy Summer Stickball League**
 10:30 am - 3:30 pm A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 75. Anticipated Participants: Not available. Location: India Street (between Ash St. & A St.) ~ State Street (between Ash St. & A St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

July

Saturday 7/25 **San Diego Surf Cup XXIX (6-Day Event)**
 8:00 am - 8:00 pm This nationally recognized premier youth soccer tournament is one of the top two youth soccer tournaments in the United States. Participating teams (ages 9-18) come from as many as 25 states and other countries such as Canada, Mexico, England, and Japan to compete for the coveted Surf Cup Trophy. Admission: None. Anticipated Attendance: 10,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.

Sunday 7/26 **San Diego Surf Cup XXIX (6-Day Event)**
 8:00 am - 8:00 pm This nationally recognized premier youth soccer tournament is one of the top two youth soccer tournaments in the United States. Participating teams (ages 9-18) come from as many as 25 states and other countries such as Canada, Mexico, England, and Japan to compete for the coveted Surf Cup Trophy. Admission: None. Anticipated Attendance: 10,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.

Sunday 7/26 **Little Italy Summer Stickball League**
 10:30 am - 3:30 pm A game of stickball will be played in Little Italy. It's traditional origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 75. Anticipated Participants: Not available. Location: Union Street (between Date St. & Cedar St.) ~ State Street (between Elm St. & Fir St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

Monday 7/27 **San Diego Surf Cup XXIX (6-Day Event)**
 8:00 am - 8:00 pm This nationally recognized premier youth soccer tournament is one of the top two youth soccer tournaments in the United States. Participating teams (ages 9-18) come from as many as 25 states and other countries such as Canada, Mexico, England, and Japan to compete for the coveted Surf Cup Trophy. Admission: None. Anticipated Attendance: 10,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.

August

August

- Saturday 8/1
7:30 am - 10:00 am **55th Annual Balboa Park 8-Mile & 3-Mile Runs**
You can choose between an 8-mile run or a shorter 3-mile run. The courses travel through and around Balboa Park giving athletes a variance of travel and a refreshing workout. It will get your day off to a good start so you can enjoy the rest of your day feeling energized. Admission: \$10.00 (3-Mile Run) ~ \$15.00 (8-Mile Run). Anticipated Attendance: Not available. Anticipated Participants: 275. Location: Balboa Park (Pan American Rd./President's Way - Pan American Rd. - El Prado - Cabrillo Bridge - Balboa Dr. - Marston Point - Bridle Trail - Upas St. - Zoo Dr. - Natural History Museum - Park Blvd. - Upas St. - following the same route back to Pan American Rd./President's Way) Host Organization: San Diego Track Club. General Information: Nancy Morris @ (858) 874-8784. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.com.
- Saturday 8/1
8:00 am - 8:00 pm **San Diego Surf Cup XXIX (6-Day Event)**
This nationally recognized premier youth soccer tournament is one of the top two youth soccer tournaments in the United States. Participating teams (ages 9-18) come from as many as 25 states and other countries such as Canada, Mexico, England, and Japan to compete for the coveted Surf Cup Trophy. Admission: None. Anticipated Attendance: 10,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.
- Sunday 8/2
8:00 am - 8:00 pm **San Diego Surf Cup XXIX (6-Day Event)**
This nationally recognized premier youth soccer tournament is one of the top two youth soccer tournaments in the United States. Participating teams (ages 9-18) come from as many as 25 states and other countries such as Canada, Mexico, England, and Japan to compete for the coveted Surf Cup Trophy. Admission: None. Anticipated Attendance: 10,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.
- Monday 8/3
8:00 am - 8:00 pm **San Diego Surf Cup XXIX (6-Day Event)**
This nationally recognized premier youth soccer tournament is one of the top two youth soccer tournaments in the United States. Participating teams (ages 9-18) come from as many as 25 states and other countries such as Canada, Mexico, England, and Japan to compete for the coveted Surf Cup Trophy. Admission: None. Anticipated Attendance: 10,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.
- Saturday 8/8
9:00 am - 4:00 pm **Lawn Bowling Tournament (2-Day Event)**
Lawn bowling players throughout Southern California will come together to compete at this 2-day tournament in San Diego. The object of the game is to toss a "bawl" (small solid ball) onto a grass bowling green and get it to roll closest to a small white ball called a "jack". Come and watch it! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling greens near Laurel St. & Balboa Dr.). Host Organization: San Diego Lawn Bowling Club. General Information: Jim Olson @ (858) 270-6825. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiegolawnbowling.com.

August

- Sunday 8/9
9:00 am - 4:00 pm **Lawn Bowling Tournament (2-Day Event)**
Lawn bowling players throughout Southern California will come together to compete at this 2-day tournament in San Diego. The object of the game is to toss a "bawl" (small solid ball) onto a grass bowling green and get it to roll closest to a small white ball called a "jack". Come and watch it! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling greens near Laurel St. & Balboa Dr.). Host Organization: San Diego Lawn Bowling Club. General Information: Jim Olson @ (858) 270-6825. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiegolawnbowling.com.
- Sunday 8/9
10:30 am - 3:30 pm **Little Italy Summer Stickball League Playoffs**
Stickball playoffs will be played on two streets in Little Italy. It's original origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Columbia Street (between Cedar St. & Beech St.) ~ State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Tuesday 8/11
8:00 am - 3:00 pm **Junior Wheelchair Sports Camp (Therapeutic Recreation Services) (5-Day Event)**
Children and teens with a permanent physical disability (age 4-18) are encouraged to join this 5-day sporting event. Wheelchair athletes will serve as coaches to provide instruction and guidance in adaptive sports such as basketball, rugby, soccer, golf, tennis, water sports, and more. Admission: \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 80/day. Location: North Crown Point Shores (West Mission Bay) & Southwest Community College (Chula Vista). Host Organization: San Diego Adaptive Sports Foundation. General Information: Information desk @ (619) 336-1806. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Wednesday 8/12
8:00 am - 3:00 pm **Junior Wheelchair Sports Camp (Therapeutic Recreation Services) (5-Day Event)**
Children and teens with a permanent physical disability (age 4-18) are encouraged to join this 5-day sporting event. Wheelchair athletes will serve as coaches to provide instruction and guidance in adaptive sports such as basketball, rugby, soccer, golf, tennis, water sports, and more. Admission: \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 80/day. Location: North Crown Point Shores (West Mission Bay) & Southwest Community College (Chula Vista). Host Organization: San Diego Adaptive Sports Foundation. General Information: Information desk @ (619) 336-1806. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Thursday 8/13
8:00 am - 3:00 pm **Junior Wheelchair Sports Camp (Therapeutic Recreation Services) (5-Day Event)**
Children and teens with a permanent physical disability (age 4-18) are encouraged to join this 5-day sporting event. Wheelchair athletes will serve as coaches to provide instruction and guidance in adaptive sports such as basketball, rugby, soccer, golf, tennis, water sports, and more. Admission: \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 80/day. Location: North Crown Point Shores (West Mission Bay) & Southwest Community College (Chula Vista). Host Organization: San Diego Adaptive Sports Foundation. General Information: Information desk @ (619) 336-1806. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

August

- Friday 8/14 **Junior Wheelchair Sports Camp (Therapeutic Recreation Services) (5-Day Event)**
 8:00 am - 3:00 pm Children and teens with a permanent physical disability (age 4-18) are encouraged to join this 5-day sporting event. Wheelchair athletes will serve as coaches to provide instruction and guidance in adaptive sports such as basketball, rugby, soccer, golf, tennis, water sports, and more. Admission: \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 80/day. Location: North Crown Point Shores (West Mission Bay) & SOutwest Community College (Chula Vista). Host Organization: San Diego Adaptive Sports Foundation. General Information: Information desk @ (619) 336-1806. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/15 **Junior Wheelchair Sports Camp (Therapeutic Recreation Services) (5-Day Event)**
 8:00 am - 3:00 pm Children and teens with a permanent physical disability (age 4-18) are encouraged to join this 5-day sporting event. Wheelchair athletes will serve as coaches to provide instruction and guidance in adaptive sports such as basketball, rugby, soccer, golf, tennis, water sports, and more. Admission: \$157.50 (city resident/5-sessions) ~ \$165.00 (non-city resident/5-sessions) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 80/day. Location: North Crown Point Shores (West Mission Bay) & SOutwest Community College (Chula Vista). Host Organization: San Diego Adaptive Sports Foundation. General Information: Information desk @ (619) 336-1806. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/15 **VAVi's National Kickball Championship**
 9:00 am - 5:00 pm Participants can be a kid again in the biggest, most fun kickball tournament in the world. Eight kickball fields are ready and waiting for teams to battle it out where the winner will be crowned Champion of the Playground! Are you ready for an exciting and challenging day as a kickball player? Admission: \$45.00 (individual) ~ \$450.00 (team of 12-15 players). Anticipated Attendance: Not available. Anticipated Participants: 450. Location: Point Loma (NTC Park at Liberty Station near Cushing Rd. & Womble St.). Host Organization: VAVi Sport & Social Club. General Information: John Grindle @ (858) 273-3485. Media Information: Not available. Vendor Information: Not available. Internet: www.govavi.com.
- Saturday 8/15 **36th Annual Midnight Madness Fun Bicycle Ride**
 8:00 pm - 3:00 am A "costume contest" and a "light the bike contest" will take place before the bicycle ride begins to roll. At the stroke of midnight, cyclists of all ages and abilities will take off in a series of groups and ride a 20-mile course through scenic areas of San Diego. Admission: \$30.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 1,600. Location: County Admin. Bldg. parking lot-Pacific Hwy.)-Harbor Dr.-Harbor Island Dr.-Harbor Dr.-Scott St.-Shelter Island Dr.-Rosecrans Blvd.-Old Town Trolley Station-Congress St.-San Diego Ave.-Hancock St.-Noel St.-Hancock St.-Kettner Blvd.-Downtown-Seaport Village-Harbor Dr.-County Admin. Bldg. Host Organization: Hostelling International USA. General Information: Tiffany Olson @ (619) 338-9981. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiegohostels.org.

August

- Sunday 8/16
7:00 am - 9:00 am **18th Annual America's Finest City 5K Run/Walk**
Balboa Park is a great place to hold a 5K run/walk where the scenic beauty of trees, fountains, and sculptured buildings make it a pleasant experience for athletes. This event is in conjunction with "America's Finest City Half Marathon" and festival. Admission: \$30.00 - \$40.00. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: Balboa Park (Pan American Plaza at Pan American Rd./President's Way - Pan American Rd. - Plaza de Panama - Bea Evans Fountain - El Prado - Balboa Dr. - Quince St. - Balboa Dr. - 8th Avenue Dr. - Balboa Dr. - El Prado - Plaza de Panama - Pan American Rd.) ~ Festival: Park Blvd./President's Way Host Organization: Cabrillo National Monument Foundation. General Information: Information desk @ (760) 692-2900. Media Information: Patrice Malloy @ (760) 635-2833. Vendor Information: Information desk @ (704) 489-6600. Internet: www.afchalf.com.
- Sunday 8/16
7:00 am - 11:00 am **32nd Annual America's Finest City Half Marathon**
San Diego is proud to claim this world-famous half marathon as the 12th largest half marathon in the United States. Athletes from 46 states and 14 foreign countries are expected to participate. This event is in conjunction with the "America's Finest City 5K Run/Walk" and festival. Admission: \$70.00 - \$80.00. Anticipated Attendance: Not available. Anticipated Participants: 8,500. Location: Cabrillo Memorial Dr.-Rosecroft St.-Silvergate St.-Dupont St. -Gage St.-Talbot St.-Scott St.-Harbor Dr.-Harbor Island Dr.-Frontage Rd.-Harbor Dr.-Ash S. t. -Pacific Hwy.-Broadway-India St.-A St.-6th Ave.-Laurel St.-El Prado-Pan American Plaza (near Hall of Chamions Sports Museum) Host Organization: Cabrillo National Monument Foundation. General Information: Information desk @ (760) 692-2900. Media Information: Patrice Malloy @ (760) 635-2833. Vendor Information: Information desk @ (704) 489-6600. Internet: www.afchalf.com.
- Sunday 8/16
10:30 am - 3:30 pm **Little Italy Summer Stickball League Playoffs**
Stickball playoffs will be played on two streets in Little Italy. It's original origin is from Italy where youths play the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite sites to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Columbia Street (between Cedar St. & Beech St.) ~ State Street (between Ash St. & Beech St.). Host Organization: Little Italy Association. General Information: Jim Strickland @ (619) 320-9030. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Saturday 8/22
9:00 am - 5:00 pm **San Diego Senior Olympics (14-Day Event)**
The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.

August

- Sunday 8/23 **End of Summer Fire 4-Mile Run/Walk**
 8:00 am - 10:30 am A summertime 4-mile run/walk is happening in La Jolla. So, lace up your athletic shoes and join others. The course travels through neighborhoods along the scenic coastline of La Jolla. Proceeds will benefit the San Diego Fire Rescue Foundation. Admission: \$20.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Prospect Street (between Fay Ave. & Draper Ave.) - Prospect St. - La Jolla Blvd. - Mission Blvd. - Garnet Ave. (between Mission Blvd. & Bayard St.). Host Organization: Stay Classy Productions, Inc.. General Information: Shanna Stuhmer @ (702) 401-7851. Media Information: Not available. Vendor Information: Not available. Internet: www.stayclassy.org.
- Wednesday 8/26 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Saturday 8/29 **San Diego 10K Summer Run/Walk**
 7:00 am - 12:00 pm All levels of athletes are invited to join a 10K run/walk at Lake Miramar on a paved roadway that contains mile markers. There will also be a 2-mile race for kids (age 10-14). Proceeds benefit the San Diego Saints Hockey Club and the Outdoor Outreach that provides programs for youth sports. Admission: \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Lake Murray (meet in the parking lot near Kiowa St.). Host Organization: San Diego Saints Youth Hockey Club. General Information: Neil Konitshek @ (858) 733-1983. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiego10krun.com.
- Sunday 8/30 **2nd Annual Bike the Bay**
 7:00 am - 2:00 pm You can join a 25-mile competitive bike ride that begins and ends at the Embarcadero Marina Park South, crossing over the San Diego Coronado Bay Bridge, and circling the San Diego Bay. The event will conclude with festivities of food, drink, and bicycle-related exhibitor items. Admission: \$50.00 (SDCBC member) ~ \$55.00 (non-member) ~ \$94.00 (SDCBC member for Tandem) ~ \$99.00 (non-member for Tandem) ~ \$500.00 (10-person team). Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: Embarcadero Marina Park South - Harbor Dr. - Coronado Bay Bridge - Coronado Island - Imperial Beach - Chula Vista - National City - Harbor Dr. - Embar. cadero Marina Park South Host Organization: San Diego County Bicycle Coalition. General Information: Andy Hanshaw @ (619) 977-2989. Media Information: Not available. Vendor Information: Not available. Internet: www.bikethebay.net.
- Sunday 8/30 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.

August

Sunday 8/30 **San Diego Senior Olympic Games (Opening Ceremony & Torch Run)**
 3:00 pm - 9:00 pm This is the first official Torch Run for the San Diego Senior Olympics. A series of seniors (age 50+) will be carrying a torch from the USS Midway in downtown to the Handlery Hotel in Hotel Circle where an opening ceremony will be held for the San Diego Senior Olympics. Make way for the Torch! Admission: \$20.00 (to attend gala). Anticipated Attendance: 1,000. Anticipated Participants: Not available. Location: USS Midway (Harbor Dr.) - Nimitz Blvd. - Sea World Dr. - Friars Rd. - Fashion Valley Rd. - Hotel Circle South - Handlery Hotel. Host Organization: San Diego Senior Sports Festival. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.

September

Thursday 9/3 **Full Moon Paddle on Mission Bay**
 7:00 pm - 10:00 pm This nighttime tour of Mission Bay can be a great introduction to kayaking. No previous kayaking or swimming experience is required. You'll glide silently along on the water enjoying the ride while searching for local wildlife and getting a backdoor view of Sea World that very few people ever see. Admission: \$65.00 (adult) ~ \$20.00 (child age 6-12) Call for reservations. Anticipated Attendance: Not available. Anticipated Participants: 30. Location: East Mission Bay. Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

Saturday 9/5 **45th Annual Balboa Park 4-Miler Cross Country Run**
 7:30 am - 8:45 am Are you ready to get energized? A 4-mile cross country run at Balboa Park is just the thing to get your day off to a good start. The course will take you along tree-shaded walkways, the winding Bridle Trail, and loop around Marston Point. Admission: \$15.00. Anticipated Attendance: Not available. Anticipated Participants: 275. Location: Balboa Park (6th Ave./Quince St. - 6th Ave. - Balboa Dr. - Upas St. - Bridle Trail - Marston Loop - Maple St. - Balboa Dr. - 6th Ave./Maple St.). Host Organization: San Diego Track Club. General Information: Frank Williamson @ (619) 578-4666. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.org.

Saturday 9/5 **Little Italy Labor Day Stickball Tournament (2-Day Event)**
 8:30 am - 5:30 pm Local stickball teams will compete in a round robin and double elimination playoff. The game is played in the street when opposing teams use sticks to maneuver a ball to opposite sites to score for points. At the end of the playoffs, the winning team will receive the honor of champion. Admission: None. Anticipated Attendance: 100/day. Anticipated Participants: Not available. Location: Columbia Street (between Date St. & Beech St.) ~ State Street (between Ash St. & A St.). Host Organization: Little Italy Association. General Information: Greg West @ (619) 948-7206. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.

September

- Sunday 9/6 8:30 am - 5:30 pm **Little Italy Labor Day Stickball Tournament (2-Day Event)**
 Local stickball teams will compete in a round robin and double elimination playoff. The game is played in the street when opposing teams use sticks to maneuver a ball to opposite sites to score for points. At the end of the playoffs, the winning team will receive the honor of champion. Admission: None. Anticipated Attendance: 100/day. Anticipated Participants: Not available. Location: Columbia Street (between Date St. & Beech St.) ~ State Street (between Ash St. & A St.). Host Organization: Little Italy Association. General Information: Greg West @ (619) 948-7206. Media Information: Not available. Vendor Information: Not available. Internet: www.westcoaststickball.com.
- Friday 9/11 6:30 am - 4:00 pm **8th Annual MS Challenge Walk (3-Day Event)**
 The event is a 3-day, 50-mile walk from Carlsbad to downtown San Diego. Participants can experience a personal journey of spirit and physical stamina while benefitting the Multiple Sclerosis Society. Today, the walk will travel from the Carlsbad flower fields to the Del Mar Marriott Hotel. Admission: \$65 (participant fee) + \$2,500 (pledge). Anticipated Attendance: Not available. Anticipated Participants: 350. Location: Carlsbad flower fields (Paseo del Norte/Palomar Airport Rd.) - Del mar - Torrey Pines - La Jolla - Pacific Beach - Mission Beach - Ocean Beach - Point. Loma - Harbor Island - Downtown San Diego - Pantoja Park (524 West G St.) Host Organization: National Multiple Sclerosis Society. General Information: Jennifer West @ (760) 448-8435. Media Information: Beth Clark @ (760) 448-8424. Vendor Information: Not available. Internet: www.mymschallenge.com.
- Friday 9/11 9:00 am - 5:00 pm **San Diego Senior Olympics (14-Day Event)**
 The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Friday 9/11 3:30 pm - 7:00 pm **Freedom Walk**
 Today marks the 8th year when America faced those tragic events on 9/11. A brief ceremony and a short walk is held in honor of the victims of that day so we can reflect and appreciate the freedoms we have in America. In addition, a tribute to past and present American veterans will be remembered. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Balboa Park (Veteran's Memorial Garden - Park Blvd. - Bea Evanson Fountain - El Prado - Pan American Rd. - President's Way - Park Blvd. - Veteran's Memorial Garden) Host Organization: Operaton Homefront Southern California. General Information: Tricia Delapaz @ (858) 695-6810. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 9/12 6:30 am - 4:30 pm **8th Annual MS Challenge Walk (3-Day Event)**
 The event is a 3-day, 50-mile walk from Carlsbad to downtown San Diego. Participants can experience a personal journey of spirit and physical stamina while benefitting the Multiple Sclerosis Society. Today, the walk will travel from the Del Mar Marriott Hotel to Ventura Cove in West Mission Bay. Admission: \$65 (participant fee) + \$2,500 (pledge). Anticipated Attendance: Not available. Anticipated Participants: 350. Location: Carlsbad flower fields (Paseo del Norte/Palomar Airport Rd.) - Del mar - Torrey Pines - La Jolla - Pacific Beach - Mission Beach - Ocean Beach - Point. Loma - Harbor Island - Downtown San Diego - Pantoja Park (524 West G St.) Host Organization: National Multiple Sclerosis Society. General Information: Jennifer West @ (760) 448-8435. Media Information: Beth Clark @ (760) 448-8424. Vendor Information: Not available. Internet: www.mymschallenge.com.

September

- Saturday 9/12 **Fiesta Island Time Trial Series**
 7:00 am - 9:00 am Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.
- Saturday 9/12 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Saturday 9/12 **Handcycling in San Diego (North Crown Point Shores)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at North Crown Point Shores today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 40. Location: North Crown Point Shores (3791 Corona Oriente Rd.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 9/13 **Fiesta Island Time Trial Series**
 7:00 am - 9:00 am Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.
- Sunday 9/13 **6th Annual Ride 4 AIDS**
 7:00 am - 5:00 pm You can choose between one of 4 courses. There's a 10-mile cycle, 25-mile cycle, 50-mile cycle, and 62-mile cycle. The event is designed to accommodate different skill levels of family, recreational, and competitive riders. Proceeds will benefit HIV/AIDS research and service programs. Admission: \$25.00 (10-Mile Cycle) ~ \$30.00 (25-Mile Cycle) ~ \$35.00 (50-Mile Cycle) ~ \$100.00 (62-Mile Cycle). Anticipated Attendance: Not available. Anticipated Participants: 750. Location: 10-Mile Cycle (Spanish Landing Park-San Diego Bayfront-Spanish Landing) ~ 25-Mile Cycle (Spanish Landing Park-Cabrillo National Monument-Spanish Landi. ng) ~ 50-Mile (Spanish Landing Park-Sorrento Valley-Spanish Landing) ~ 62-Mile Cycle (Spanish Landing Park-Del Mar-Spanish Landing) Host Organization: Being Alive San Diego. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Shannon Kowlowski @ (619) 291-1400 x-317. Vendor Information: Not available. Internet: www.kozenterprises.com.

September

- Sunday 9/13 **8th Annual MS Challenge Walk (3-Day Event)**
 7:00 am - 1:00 pm The event is a 3-day, 50-mile walk from Carlsbad to downtown San Diego. Participants can experience a personal journey of spirit and physical stamina while benefitting the Multiple Sclerosis Society. Today, the walk will travel from Ventura Cove in West Mission Bay to Pantoja Park. Admission: \$65 (participant fee) + \$2,500 (pledge). Anticipated Attendance: Not available. Anticipated Participants: 350. Location: Carlsbad flower fields (Paseo del Norte/Palomar Airport Rd.) - Del mar - Torrey Pines - La Jolla - Pacific Beach - Mission Beach - Ocean Beach - Point Loma - Harbor Island - Downtown San Diego - Pantoja Park (524 West G St.) Host Organization: National Multiple Sclerosis Society. General Information: Jennifer West @ (760) 448-8435. Media Information: Beth Clark @ (760) 448-8424. Vendor Information: Not available. Internet: www.mymschallenge.com.
- Sunday 9/13 **Cry Walk**
 8:30 am - 11:00 am Participants can enjoy a pleasant non-competitive 5K walk at Balboa Park. Proceeds from the event will support health and educational programs for underprivileged children in India and the United States. So, lace up your walking shoes and join the walk. Admission: \$10.00 (student) \$15.00 (adult) ~ \$25.00 (2-person) ~ \$45.00 (family of 4) ~ FREE (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Balboa Park (meet at the lawn area at 6th Ave. & Quince St.). Host Organization: Child Rights & You America. General Information: Shilpa Sood @ (619) 850-6158. Media Information: Not available. Vendor Information: Not available. Internet: www.america.cry.org.
- Sunday 9/13 **79th Annual La Jolla Rough Water Swim**
 9:00 am - 4:00 pm The La Jolla Rough Water Swim has been a summertime tradition since 1916 and is nationally ranked #1 as America's premier open water swimming competition event. The course consists of a Junior Swim (250-yards), Amateur Swim (1-mile), Masters Swim (1-mile), and a Gatorman Swim (3-miles). Admission: \$19.00-\$49.00 (Junior Swim) ~ \$26.00-\$56.00 (Amateur Swim) ~ \$40.00-\$70.00 (Masters Swim) ~ \$55.00-\$85.00 (Gatorman Swim). Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: La Jolla Cove (Scripps Park - 1150 Coast Blvd.) ~ Pre-registration on September 12th in parking lot at 7777 Girard Ave. Host Organization: La Jolla Rough Water Swim, Inc.. General Information: Nancy Miller @ (858) 456-2100. Media Information: Bill Perry @ (858) 454-4111. Vendor Information: Not available. Internet: www.ljrws.com.
- Sunday 9/13 **19th Annual Paddle For Clean Water (Group Paddle)**
 9:00 am - 4:00 pm You can rally support to have clean unpolluted oceans by bringing human-powered watercraft (surfboard, bodyboard, kayak, canoe) to the Ocean Beach surf zone for a group paddle. Your participation will show you care. This event is in conjunction with the "Paddle For Clean Water Festival". Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Ocean Beach (surf zone near the Ocean Beach Pier at the end of Newport Ave.). Host Organization: Surfrider Foundation - San Diego Chapter. General Information: Bill Hickman @ (858) 792-9940. Media Information: Not available. Vendor Information: Not available. Internet: www.surfridersd.org.
- Sunday 9/13 **Grandparents Day on the Bay**
 9:00 am - 1:30 pm Grandparents and grandkids can enjoy some personal quality time on a daytime kayaking adventure. No previous kayaking or swimming experience is required. You'll glide silently along on the water from the Coronado Bay Bridge to the shoreside at the Coronado Ferry Landing. Admission: \$65.00 (adult) ~ \$20.00 (child age 6-12). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: San Diego Bay (from the waters under the Bay Bridge to the Coronado Ferry Landing). Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

September

- Sunday 9/13 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Sunday 9/13 **Canyoneer's Walk (Florida Canyon)**
 9:00 am - 10:30 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel to a canyon area that has been preserved since 1973 by Helen Witham Chamlee and docents from the San Diego Natural History Museum. This is considered an easy walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Florida Canyon (Park Blvd. - Morley Field Dr. (east) - cross Florida Dr. - go to the top of the hill - turn right into the parking lot west of the tennis courts) Thomas Bros. Map: 1269-C7 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Monday 9/14 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Wednesday 9/16 **Samsung World Championship (Pro-Am) (5-day Event)**
 8:00 am - 4:00 pm The Samsung World Championship is a Ladies Professional Golf Association (LPGA) tournament that hosts the world's Top-20 Players on tour. This year's event will be held on the South Course at the Torrey Pines Golf Course. Today's event is for Pro-Am Players. There is no admission today. Admission: None (September 16th) ~ \$83.00 (5-Day Grounds Pass). Anticipated Attendance: 7,000/day. Anticipated Participants: Not available. Location: La Jolla (Torrey Pines Golf Course - 11480 North Torrey Pines Rd. at the South Course). Host Organization: IMG. General Information: Torrey Gane @ (858) 350-5500. Media Information: Dave Haggith @ (416) 960-5312. Vendor Information: Not available. Internet: www.samsung.com.
- Wednesday 9/16 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.

September

- Thursday 9/17
8:00 am - 4:00 pm
- Samsung World Championship (First Round) (5-day Event)**
The Samsung World Championship is a Ladies Professional Golf Association (LPGA) tournament that hosts the world's Top-20 Players on tour. This year's event will be held on the South Course at the Torrey Pines Golf Course. Today's event is the First Round of the tournament. Admission: \$24.00 - \$29.00. Anticipated Attendance: 7,000/day. Anticipated Participants: Not available. Location: La Jolla (Torrey Pines Golf Course - 11480 North Torrey Pines Rd. at the South Course). Host Organization: IMG. General Information: Torrey Gane @ (858) 350-5500. Media Information: Dave Haggith @ (416) 960-5312. Vendor Information: Not available. Internet: www.samsung.com.
- Thursday 9/17
9:00 am - 5:00 pm
- San Diego Senior Olympics (14-Day Event)**
The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Friday 9/18
7:00 am - 6:30 pm
- 44th Annual San Diego Bayfair (Powerboat Racing) (3-Day Event)**
An extreme watersport event will take place on the water at Mission Bay where sleek powerboats and hydroplanes will race so fast that they can nearly become airborne. The event includes mini hydro racing on a pond, motorhome camping, interactive displays, live entertainment, and a fireworks show. Admission: \$20-\$25 (General Pass) ~ \$40-\$45 (Super Pass) ~ \$10 (Pit Pass) ~ FREE (child age 12 & younger) ~ \$250 (adult VIP Pass) ~ \$125 (child VIP Pass age 6-12). Anticipated Attendance: 50,000/day. Anticipated Participants: Not available. Location: Mission Bay (east/west Vacation Island, Fiesta Island, Fiesta Bay, Ski Beach, Crown Point Shores, Stony Point, Hydro Pond). Host Organization: Thunderboats Unlimited. General Information: Becky Strawser @ (619) 961-8161. Media Information: Not available. Vendor Information: Lynda Self @ (619) 225-9160. Internet: www.sandiegobayfair.org.
- Friday 9/18
8:00 am - 4:00 pm
- Samsung World Championship (Second Round) (5-day Event)**
The Samsung World Championship is a Ladies Professional Golf Association (LPGA) tournament that hosts the world's Top-20 Players on tour. This year's event will be held on the South Course at the Torrey Pines Golf Course. Today's event is the Second Round of the tournament. Admission: \$24.00 - \$29.00. Anticipated Attendance: 7,000/day. Anticipated Participants: Not available. Location: La Jolla (Torrey Pines Golf Course - 11480 North Torrey Pines Rd. at the South Course). Host Organization: IMG. General Information: Torrey Gane @ (858) 350-5500. Media Information: Dave Haggith @ (416) 960-5312. Vendor Information: Not available. Internet: www.samsung.com.

September

- Saturday 9/19
6:00 am - 10:30 am **18th Annual Start! San Diego Heart Walk**
Walkers from local corporate, civic, and healthcare industries throughout San Diego will form teams and collect pledges on behalf of the American Heart Association to help fight against heart disease. The event offers a 5K and 1-mile walk; plus a fun and entertaining health expo afterwards. Admission: Participant donation/pledge. Anticipated Attendance: Not available. Anticipated Participants: 10,000. Location: Balboa Park (War Memorial Bldg. lawn area-Zoo Dr.-Zoo Place-carousel parking lot-Village Place-Bea Evenson Fountain-El Prado-Cabrillo Bridge-Sefton Pl. aza-Balboa Dr.-8th St.-Marston Point-Balboa Dr.-Sefton Plaza-El Prado-Cabrillo Bridge-El Parado-Village Place-Zoo Dr.-War Memorial Bldg.) Host Organization: American Heart Association. General Information: Melissa Wilimas @ (858) 410-3828. Media Information: Eric Thompson @ (858) 410-3822. Vendor Information: Not available. Internet: www.sdheartwalk.org.
- Saturday 9/19
7:00 am - 6:30 pm **44th Annual San Diego Bayfair (Powerboat Racing) (3-Day Event)**
An extreme watersport event will take place on the water at Mission Bay where sleek powerboats and hydroplanes will race so fast that they can nearly become airborne. The event includes mini hydro racing on a pond, motorhome camping, interactive displays, live entertainment, and a fireworks show. Admission: \$20-\$25 (General Pass) ~ \$40-\$45 (Super Pass) ~ \$10 (Pit Pass) ~ FREE (child age 12 & younger) ~ \$250 (adult VIP Pass) ~ \$125 (child VIP Pass age 6-12. Anticipated Attendance: 50,000/day. Anticipated Participants: Not available. Location: Mission Bay (east/west Vacation Island, Fiesta Island, Fiesta Bay, Ski Beach, Crown Point Shores, Stony Point, Hydro Pond). Host Organization: Thunderboats Unlimited. General Information: Becky Strawser @ (619) 961-8161. Media Information: Not available. Vendor Information: Lynda Self @ (619) 225-9160. Internet: www.sandiegobayfair.org.
- Saturday 9/19
7:00 am - 8:30 am **San Diego Senior Olympics Road Race (2-Day Event)**
Seniors (age 50+) will compete in a running event for gold, silver, and bronze medals. The event will be on 5K and 10K courses that are generally flat and wind around scenic Lake Miramar. If you happen to be at the lake and see them, cheer them on! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Lake Miramar. Host Organization: San Diego Senior Sports Festival. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Saturday 9/19
8:00 am - 11:15 am **65th Annual Aztec Cross Country Invitational**
Seven-person teams from approximately 28 universities will compete against each other at an intercollegiate cross country race. The course divisions consist of a 5K run for women and a 8K run for men. You're welcome to watch the races and cheer on your favorite team. Admission: None. Anticipated Attendance: 300. Anticipated Participants: Not available. Location: Balboa Park (west side of park between Upas St. & Inspiration Point). Host Organization: San Diego State University. General Information: Steve Bartel @ (619) 594-0396. Media Information: Mike May @ (619) 594-3023. Vendor Information: Not available. Internet: Not available.

September

- Saturday 9/19 **Samsung World Championship (Third Round) (5-day Event)**
 8:00 am - 4:00 pm The Samsung World Championship is a Ladies Professional Golf Association (LPGA) tournament that hosts the world's Top-20 Players on tour. This year's event will be held on the South Course at the Torrey Pines Golf Course. Today's event is the Third Round of the tournament. Admission: \$29.00 - \$34.00. Anticipated Attendance: 7,000/day. Anticipated Participants: Not available. Location: La Jolla (Torrey Pines Golf Course - 11480 North Torrey Pines Rd. at the South Course). Host Organization: IMG. General Information: Torrey Gane @ (858) 350-5500. Media Information: Dave Haggith @ (416) 960-5312. Vendor Information: Not available. Internet: www.samsung.com.
- Saturday 9/19 **Mt. Carmel Cross Country Invitational**
 8:30 am - 3:15 pm Students from 72 high schools from California, Arizona, and Nevada are getting ready to compete in 16 separate cross country races at the cross country course located at Morley Field in Balboa Park. You're welcome to come out to watch the competition and cheer them on! Admission: None. Anticipated Attendance: 3,500. Anticipated Participants: Not available. Location: Balboa Park (Morley Field Cross Country Course). Host Organization: Mt. Carmel Athletic Foundation. General Information: Dennis McClawahaw @ (858) 748-4270. Media Information: Not available. Vendor Information: Not available. Internet: www.bigguaytf.com.
- Saturday 9/19 **MADD San Diego County Walk Like MADD**
 9:00 am - 1:00 pm MADD stands for "mothers against drunk driving" with a mission to stop drunk driving, support victims of violent crime, and prevent underage drinking. You can walk like mad for MADD when you join this 5K fundraising and awareness walk at Liberty Station. Festivities will accompany the event. Admission: Teams to collect pledges. Anticipated Attendance: Not available. Anticipated Participants: 700. Location: Point Loma (Liberty Station at Ingram Plaza near Cushing Rd.). Host Organization: Mothers Against Drunk Driving San Diego County. General Information: Tammy Williams @ (858) 564-0780 x-305. Media Information: Patricia Hodgkin @ (858) 564-0780 x-302. Vendor Information: Not available. Internet: www.walklikemadd.org.
- Saturday 9/19 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Saturday 9/19 **Canyoneer's Walk (Navajo Canyon Open Space Park)**
 1:00 pm - 3:00 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel along a streambed partway up a canyon that narrowly cuts into the communities of Del Cerro and Allied Gardens. This is considered an easy walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Navajo Canyon Open Space Park (Hwy. 8 - Warring Rd. (north) - turn right at the first signal lights following Adobe Falls Rd. - park on the street) T. homas Bros. Map: 1250-A7 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

September

- Sunday 9/20
7:00 am - 6:30 pm
- 44th Annual San Diego Bayfair (Powerboat Racing) (3-Day Event)**
An extreme watersport event will take place on the water at Mission Bay where sleek powerboats and hydroplanes will race so fast that they can nearly become airborne. The event includes mini hydro racing on a pond, motorhome camping, interactive displays, live entertainment, and a fireworks show. Admission: \$20-\$25 (General Pass) ~ \$40-\$45 (Super Pass) ~ \$10 (Pit Pass) ~ FREE (child age 12 & younger) ~ \$250 (adult VIP Pass) ~ \$125 (child VIP Pass age 6-12). Anticipated Attendance: 50,000/day. Anticipated Participants: Not available. Location: Mission Bay (east/west Vacation Island, Fiesta Island, Fiesta Bay, Ski Beach, Crown Point Shores, Stony Point, Hydro Pond). Host Organization: Thunderboats Unlimited. General Information: Becky Strawser @ (619) 961-8161. Media Information: Not available. Vendor Information: Lynda Self @ (619) 225-9160. Internet: www.sandiegobayfair.org.
- Sunday 9/20
7:00 am - 8:30 am
- San Diego Senior Olympics Road Race (2-Day Event)**
Seniors (age 50+) will compete in a running event for gold, silver, and bronze medals. The event will be on 5K and 10K courses that are generally flat and wind around scenic Lake Miramar. If you happen to be at the lake and see them, cheer them on! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Lake Miramar. Host Organization: San Diego Senior Sports Festival. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Sunday 9/20
8:00 am - 4:00 pm
- Samsung World Championship (Final Round) (5-day Event)**
The Samsung World Championship is a Ladies Professional Golf Association (LPGA) tournament that hosts the world's Top-20 Players on tour. This year's event will be held on the South Course at the Torrey Pines Golf Course. Today's event is the Final Round of the tournament. Admission: \$29.00 - \$34.00. Anticipated Attendance: 7,000/day. Anticipated Participants: Not available. Location: La Jolla (Torrey Pines Golf Course - 11480 North Torrey Pines Rd. at the South Course). Host Organization: IMG. General Information: Torrey Gane @ (858) 350-5500. Media Information: Dave Haggith @ (416) 960-5312. Vendor Information: Not available. Internet: www.samsung.com.
- Wednesday 9/23
9:00 am - 5:00 pm
- San Diego Senior Olympics (14-Day Event)**
The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Friday 9/25
9:00 am - 5:00 pm
- San Diego Senior Olympics (14-Day Event)**
The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.

September

- Saturday 9/26 **Walk Now for Autism**
 7:00 am - 3:00 pm Autism is a complex neurobiological disorder that impairs a person's ability to communicate and relate to others. It occurs in all racial, ethnic, and social groups and is four times more likely to strike boys than girls. Proceeds from this national event will support further research for autism. Admission: Participant pledges/donations are received. Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: Autism Speaks. General Information: Liz Carroll @ (323) 549-0500. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 9/26 **Girl Scout 5K Run/Walk for a New Day**
 7:00 am - 11:00 am The Girl Scouts would like to raise awareness of the importance of a balanced, healthy lifestyle for girls and the adults in their lives. A "New Day" represents taking the first steps toward making positive changes. There will be a 5K run/walk and a 1-mile run/walk for anyone to participate. Admission: \$25.00-\$30.00 (5K run/walk) ~ \$20.00-\$25.00 (1-mile run/walk). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Point Loma Liberty Station (Ingram Plaza-Cushing-Dewey-North Promenade-Dewey-Truxtun-Roosevelt-South Promenade-Roosevelt-Cushing-Womble-Farragut-Cushi. ng-Dewey-North Promenade-Dewey-Truxtun-Roosevelt-Decatur-Ingram Plaza) Host Organization: Girl Scouts San Diego-Imperial Council. General Information: Jody Sims @ (619) 299-6884. Media Information: Mary Doyle @ (619) 610-0710. Vendor Information: Steve Merriam @ (619) 610-0724. Internet: www.girlscoutssdi.org.
- Saturday 9/26 **8th Annual Brain Tumor Walk**
 8:00 am - 12:00 pm You're welcome to join health care professionals, care givers, and brain tumor patients and survivors on a non-competitive 5K walk that also includes a fun run. The event will take place at scenic Mission Bay. Participants can receive a tasty breakfast and a chance to win a prize in a raffle. Admission: \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 300. Location: East Mission Bay (meet at Hospitality Point). Host Organization: National Brain Tumor Society. General Information: Fil Maresca @ (408) 298-6861. Media Information: Not available. Vendor Information: Not available. Internet: www.sdwalk.org.
- Saturday 9/26 **FLEET WEEK (MCRD Boot Camp Challenge)**
 9:00 am - 12:00 pm Are you and your friends daring enough to test your physical ability and endurance as a Marine Corps Recruit for a day? The event offers a rare opportunity to challenge the drill fields and famous 3-mile obstacle course used to test new recruits. Here's a chance to see if you've got what it takes. Admission: \$35.00 (individual) ~ \$105.00 (3-person team) ~ \$175.00 (5-person team). Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Point Loma (Marine Corps Recruit Depot near Rosecrans St.). Host Organization: MCRD San Diego/Fleet Week San Diego. General Information: Information desk @ (619) 524-6058 or (619) 524-0548. Media Information: Not available. Vendor Information: Not available. Internet: www.bootcampchallenge.com.

September

- Saturday 9/26 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Saturday 9/26 **Handcycling in San Diego (De Anza Cove)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at De Anza Cove today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 40. Location: De Anza Cove (3000 East Mission Bay Dr.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 9/26 **Canyoneer's Walk (Mission Trails Regional Park - Jackson Dr.)**
 1:00 pm - 2:30 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel to an area where chaparral vegetation mixes with plutonic and volcanic rock. It's an ideal location for persons interested in geology. This is considered an easy walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Mission Trails Regional Park - Jackson Dr. (Hwy. 8 - Mission Gorge Rd. (north) - Jackson Dr. (left) - parking lot) Thomas Bros. Map: 1250-D3. Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 9/27 **20th Annual AIDS Walk San Diego**
 7:00 am - 11:00 am This event is the largest single-day HIV/AIDS fundraiser and non-governmental provider for HIV/AIDS programs in San Diego. It offers a 5K walk and a 10K run at beautiful Balboa Park. A festival area accompanies the event with displays, health information, HIV testing, refreshments, and more. Admission: \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 10,000. Location: 6th Ave./Olive St. - 6th Ave. - University Ave. - Park Blvd. - President's Way - Pan American Rd. - Plaza de Panama - El Prado - 8th Ave. Dr. - Balboa. Dr. - 6th Ave. - Olive St./6th Ave. Host Organization: AIDS Walk San Diego. General Information: Sarafina Scapicchio @ (619) 692-2077 x-247. Media Information: Amber Cypher-Stevens @ (619) 692-2077 x-148. Vendor Information: Not available. Internet: www.aidswalksd.org.
- Sunday 9/27 **Stop Child Trafficking Now - San Diego**
 7:30 am - 10:30 am Approximately 2-million people worldwide are enslaved in human trafficking, and about every 2-minutes, a child is enslaved for prostitution and other purposes. You can help stop this by joining a fundraising nationwide walk such as this one to help combat the horrible acts of human trafficking. Admission: Donations and pledges are accepted. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: East Mission Bay (meet at De Anza Cove). Host Organization: Stop Child Trafficking. General Information: Adriana Lopez @ (949) 289-5306. Media Information: Not available. Vendor Information: Not available. Internet: www.sctnow.org.

September

Sunday 9/27 **San Diego Senior Olympics (14-Day Event)**
 9:00 am - 5:00 pm The San Diego Senior Olympics are here! Seniors (age 50+) are ready to compete at a variety of athletic sports. These include track & field, soccer, tennis, golf, swimming, volleyball, basketball, racquetball, badminton, billiards, and ballroom dancing. Come and watch the competition! Admission: None. Anticipated Attendance: 10,000. Anticipated Participants: Not available. Location: Various locations in San Diego and the County of San Diego. Host Organization: San Diego Senior Games. General Information: Dan Propp @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.

October

Friday 10/2 **St. Augustine High School Cross Country Invite**
 3:00 pm - 4:30 pm The St. Augustine High School has organized a cross country invitational with other small San Diego schools that have a low number of students. Medals are awarded to the top 40 runners in each race, and trophies are awarded to 1st place teams. You're welcome to come and watch the competition. Admission: None. Anticipated Attendance: 600. Anticipated Participants: Not available. Location: Balboa Park (Morley Field Cross Country Course - Fields 3-7). Host Organization: St. Augustine High School. General Information: Jerry Downey @ (619) 282-2184. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

Saturday 10/3 **Rady, Shamu & You Family Walk**
 7:00 am - 12:00 pm This event allows you to enter Sea World in the morning before it's open to the public. You can choose a 1-mile walk at Sea World and stop to enjoy the post-walk fun, or do a 4-mile walk at Sea World and continue onward to Mission Bay and then enjoy the post walk fun. Admission: \$25.00-\$30.00 (adult) ~ \$15.00-\$20.00 (child age 13 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Sea World & East Mission Bay. Host Organization: Rady Children's Hospital. General Information: Information desk @ (760) 692-2900. Media Information: Not available. Vendor Information: Not available. Internet: www.inmotionevents.com.

Saturday 10/3 **2nd Annual Coastwise Mile**
 7:30 am - 11:00 am The event is composed of runs, walks, and races that attract beginners to advanced athletes. There will be a 3-mile Corporate or Team Relay (with batons), a 5K run/walk, a Mutt Mile run/walk with dogs, a 1-mile run for adults, and Kids Runs. The course is along La Jolla's beautiful coastline. Admission: \$20.00 (adult 1-mile run) ~ \$25.00 (adult 5K run/walk) \$20.00 (Mutt Mile) ~ \$10.00 (Kids Runs). Anticipated Attendance: Not available. Anticipated Participants: 400. Location: La Jolla (southwest end of Ellen Browning Scripps park - Coast Blvd. - Jenner St. - Prospect Ave. - Cuvier St. - Coast Blvd. - Ellen Browning Scripps. Park) Host Organization: Coastwise Capital Group. General Information: Brennan Lindner @ (310) 821-7898. Media Information: Not available. Vendor Information: Not available. Internet: www.coastwisegroup.com.

October

- Saturday 10/3
8:30 am - 5:00 pm **San Diego Six-Man BeachFest (Beach Volleyball)**
The game of volleyball is played when two teams volley a ball over a high net to score for points. Today's championship divisions are for Men, Women, and Co-eds. Six-person teams with creative team names and in creative costumes will keep the ball moving. A festival accompanies the event. Admission: \$150.00 (6-person team) ~ \$25.00 (each additional player). Anticipated Attendance: 900. Anticipated Participants: Not available. Location: West Mission Bay (Mariner's Point). Host Organization: San Diego Beach Improvement Group. General Information: Laura Hindrickson @ (619) 888-6743. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiego.big.org.
- Saturday 10/3
9:00 am - 12:00 pm **Lake Hodges Kayak Adventure**
Lake Hodges is one of San Diego's oldest reservoirs. Would you like to paddle down it in a canoe? No previous kayaking or swimming experience is needed. You'll enjoy a smooth ride on the water along a live oak woodland and riparian forest where there's a wide range of plant and animal species. Admission: \$65.00 (adult) ~ \$20.00 (child age 6-12). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Hodges. Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 10/4
6:30 am - 12:00 pm **22nd Annual Mission Bay Triathlon**
It's Southern California's most popular sprint triathlon. The race features a calm 500-meter swim at Ski Beach, a fast-paced 15K bike ride out and around Fiesta Island, and a thundering 5K run at Ski Beach and Vacation Island. You can challenge it as an individual or as a member of a team. Admission: \$70.00-\$80.00 (individual) ~ \$90.00-\$100.00 (relay team). Anticipated Attendance: Not available. Anticipated Participants: 1,700. Location: Swim (Ski Beach bouys parallel to shore) - Bike (Ski Beach-roadway-Ingraham St.-Perez Cove Way-Sea World Dr. -East Mission Bay Dr.-Fiesta Island roadwa. y-Ski Beach) - Run (Ski Beach-walkway-Ingraham Street Bridge-Vacation Island Model Boat Pond-walkway-Ingraham Street Bridge-access road-Ski Beach) Host Organization: KOZ Enterprises. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.
- Sunday 10/4
7:00 am - 4:00 pm **24th Annual Tour de Poway**
Participants who join this cycling event will experience a ride to remember. It's designed for all levels of ability with course lengths of 26-miles, 53-miles, 63-miles, and 102-miles. You'll travel through sub-cities of San Diego, along avocado groves, and scenic beautiful back country roads. Admission: \$45.00. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Poway - Ramona - Escondido - San Marcos - Carlsbad - Encinitas - Del Mar - Carmel Valley - Rancho Bernardo - Poway. Host Organization: Cycling Promotions, West. General Information: K.C. Butler @ (858) 679-1027. Media Information: Not available. Vendor Information: Not available. Internet: www.tourdepoway.com.
- Sunday 10/4
10:00 am - 4:00 pm **ECOLIFE Foundation Walking4Water**
Water is a precious recourse that we cannot live without and must not waste. This water conversation event offers a 5K non-competitive walk and a kids fun run. The post event expo features water conservation and interactive exhibits and offers earth friendly food, a beer garden, and music. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 600. Location: East Mission Bay (De Anza Cove). Host Organization: ECOLIFE Foundation. General Information: Hellari Roppo @ (760) 740-1346. Media Information: Not available. Vendor Information: Lisa Scolman @ (760) 420-2021. Internet: www.walking4water.com.

October

- Saturday 10/10 **National Psoriasis Walk for Awareness**
 6:30 am - 12:00 pm You're welcome to join a nationwide walking event that focuses on bringing awareness about Psoriasis. Proceeds from the event will benefit programs and services for people inflicted with the disease. The walk will be a pleasant one along a walkway at East Mission Bay. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: East Mission Bay (meet at De Anza Cove). Host Organization: National Psoriasis Foundation. General Information: Jessica Milligan @ (503) 546-8368. Media Information: Not available. Vendor Information: Not available. Internet: www.psoriasis.org.
- Saturday 10/10 **San Diego Triathlon Classic**
 6:30 am - 12:00 pm This is San Diego's only USAT sanctioned Olympic distance triathlon. It's designed for serious athletes and active athletes who race frequently. The Olympic Course consists of a 1,500-meter swim, 40K cycle, and a 10K run. The Sprint Course consists of a 750-meter swim, 20K cycle, and 5K run. Admission: \$155.00 (Olympic Course) ~ \$90.00 (Sprint Course). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Swim (in water near the transition area at Liberty Station) ~ Cycle (transition area at Liberty Station - Point Loma - Cabrillo National Monument - Po. int Loma - Liberty Station) ~ Run (transition area at Liberty Station - water canal - Promenade) Host Organization: Rescue Task Force. General Information: Cory Osth @ (619) 523-2453. Media Information: Not available. Vendor Information: Not available. Internet: www.momentcyclesport.com.
- Saturday 10/10 **4th Annual Walk on the Wild Side**
 7:00 am - 11:00 am The event is a 3-mile walking tour that travels inside the San Diego Zoo in the morning before it's open to the public when most animals are awake and active. Immediately following the walk, participants can enjoy free refreshments, informative exhibits, keeper talks, and fun activities. Admission: \$15.00 - \$30.00 (includes event t-shirt, goodie bag, zoo admission pass for October 10th). Anticipated Attendance: Not available. Anticipated Participants: 3,000. Location: War Memorial Building lawn area - Zoo Dr. - Park Blvd. - Upas St. - Richmond St. - San Diego Zoo - War Memorial Building lawn area. Host Organization: Zoological Society of San Diego. General Information: Leisha Battles @ (760) 692-2900. Media Information: Joanne Leidenberger @ (619) 685-3217. Vendor Information: Not available. Internet: www.inmotionevents.com.
- Saturday 10/10 **1st Annual Festal Metric Century Bicycle Ride**
 7:00 am - 3:00 pm Cyclists can enjoy a recreational group ride that begins in downtown San Diego, proceeds through Little Italy, and onward along the bay to Otay Lakes and back. Upon returning, cyclists can enjoy an expo of music, bike-related merchandise, and a delicious pasta buffet. Admission: \$70.00. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: Cycle (County Admin. Bldg.) Pacific Hwy.-Cedar St.-India St.-Kalamia St.-Kettner Blvd. -Hawthorne St.-Harbor Dr.-Sweetwater bike path-National City-Ch. ula Vista-Otay Lakes-reverse route back to County Admin. Bldg.) Post Ride Buffet (Fir Street between India St. & Columbia St.) Host Organization: Little Italy Association of San Diego. General Information: Jim Knight @ (858) 692-6220. Media Information: Not available. Vendor Information: Not available. Internet: www.shadowtour.com.

October

- Saturday 10/10 **28th Annual MS Bay to Bay Bike Tour (2-Day Event)**
 9:00 am - 2:00 pm The event provides a scenic and challenging ride for experienced and novice cyclists. It's a 2-day adventure that begins in Orange County and finishes in San Diego. The first day of travel is from Orange County to Carlsbad. The second day will continue onward to Mission Bay in San Diego. Admission: \$60.00 (refistration fee) + \$400.00 (sponsorship pledges). Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: Orange County (Huntington Beach) - Carlsbad - Del Mar - Torrey Pines - La Jolla - Pacific Beach - Mission Bay (Hospitality Point). Host Organization: National Multiple Sclerosis Society. General Information: Jerry Russell @ (760) 448-8413. Media Information: Beth Clark @ (760) 448-8424. Vendor Information: Not available. Internet: www.biketofinishms.com.
- Saturday 10/10 **Paddle for Autism Awareness**
 10:00 am - 4:00 pm Children with autism and their parents can enjoy the experience of paddling in a kayak. Proceeds will support the Global Autism Project to build sustainable centers for children with autism in developing countries around the world. Ten kayaks will be available throughout the day for this event. Admission: Complementary pledge/donation are received. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: West Mission Bay (South Shores Park). Host Organization: The Global Autism Project. General Information: Molly Ola Pinney @ (917) 686-7392. Media Information: Not available. Vendor Information: Not available. Internet: www.globalautismproject.org.
- Saturday 10/10 **Handcycling in San Diego (Lake Miramar)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at Lake Miramar today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Miramar (10710 Scripps Lake Dr.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/10 **Canyoneer's Walk (Marian Bear Memorial Park - East)**
 1:00 pm - 2:30 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel to an area where you can explore a streambed sustaining a riparian habitat for wildlife with huge sycamore and live oak trees. This is considered an easy walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Marian Bear Memorial Park - East (Hwy. 52 - Genesee Ave. (north) - immediate right turn into parking lot on the east side of Genesee Ave.) Thomas Bro. s. Map: 1228-C7 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 10/11 **Fiesta Island Time Trial Series**
 7:00 am - 9:00 am Cyclists are coming to Fiesta Island to compete at a cycling event that offers professional, recreational, and young riders an ideal location to experience competitive cycling in a safe and controlled environment. The racers will cycle laps against the clock until each one completes their distance. Admission: \$30.00 (adult) ~ \$10.00 (junior). Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Bicycle Club. General Information: Jon Benson @ (858) 583-1190. Media Information: Not available. Vendor Information: Not available. Internet: www.fiestaisland.com.

October

- Sunday 10/11 **Walk For Life**
 7:00 am - 11:00 am Are you pro-life? Then join this 2-mile pro-life walk at East Mission Bay where the proceeds will help pregnant women, women with infants, and smallchildren. This walk is a celebration of life and an opportunity for you to show you care about women and their babies. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: East Mission Bay (meet at De Anza Cove). Host Organization: Birthline of San Diego. General Information: Mary Ann Fentress @ (619) 460-4039. Media Information: Not available. Vendor Information: Not available. Internet: www.birthlineofsandiego.org.
- Sunday 10/11 **28th Annual MS Bay to Bay Bike Tour (2-Day Event)**
 9:00 am - 2:00 pm The event provides a scenic and challenging ride for experienced and novice cyclists. It's a 2-day adventure that begins in Orange County and finishes in San Diego. The first day of travel is from Orange County to Carlsbad. The second day will continue onward to Mission Bay in San Diego. Admission: \$60.00 (refistration fee) + \$400.00 (sponsorship pledges). Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: Orange County (Huntington Beach) - Carlsbad - Del Mar - Torrey Pines - La Jolla - Pacific Beach - Mission Bay (Hospitality Point). Host Organization: National Multiple Sclerosis Society. General Information: Jerry Russell @ (760) 448-8413. Media Information: Beth Clark @ (760) 448-8424. Vendor Information: Not available. Internet: www.biketofinishms.com.
- Saturday 10/17 **AFSP Out of the Darkness Walk**
 7:00 am - 11:30 am Every 18-minutes in the United States, someone dies by suicide. However, these statistics can change with the help of participants like you. Proceeds from this nationwide walking event will go into research and education programs to help prevent suicide before it happens. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 550. Location: East Mission Bay (meet at De Anza Cove). Host Organization: American Foundation Suicide Prevention. General Information: Stephanie Cardircl @ (619) 987-9087. Media Information: Not available. Vendor Information: Not available. Internet: www.outofthedarkness.org.
- Saturday 10/17 **AAUW Walk/Run for Education**
 7:30 am - 12:00 pm The American Association of University Women has organized a walk to obtain funds that will benefit women in education who are seeking fellowships or grants in their fields of interest. It'll be a pleasant walk at Lake Murray where women can enjoy the outdoors and make new friends. Admission: \$20.00. Anticipated Attendance: Not available. Anticipated Participants: 300. Location: Lake Murray. Host Organization: American Association of University Women. General Information: Cindy Rittershofer @ (619) 322-9818. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/17 **14th Annual Step Out Walk to Fight Diabetes**
 8:00 am - 12:00 pm This nationwide event is asking you to recruit your friends, family, and co-workers to join you on a walk to bring greater awareness of diabetes while raising funds for programs and research. The post walk celebration includes a Kids Zone, food, music, and other entertainment. Admission: participant pledge. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Point Loma - Liberty Station (Ingram Plaza (2750 Dewey Rd.) - NTC Park - Ingram Plaza). Host Organization: American Diabetes Association. General Information: Jannel McCrensky @ (619) 234-9897 x-7433. Media Information: Not available. Vendor Information: Not available. Internet: www.diabetes.org.

October

- Saturday 10/17 **Buddy Walk (Therapeutic Recreation Services)**
 8:30 am - 1:30 pm Bring a buddy or friend to join you on a 1-mile walk that promotes awareness and advocacy for persons with Downs Syndrome or other related disabilities. After the walk, participants can enjoy a tasty lunch, live music, children's activities, and a community resource fair. Admission: Participant donations are received. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Balboa Park (meet at the Spreckels Organ Pavilion). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 276-4494. Media Information: Not available. Vendor Information: Not available. Internet: www.buddywalksandiego.org.
- Saturday 10/17 **Canyoneer's Walk (Tecolote Canyon Natural Park - West)**
 1:00 pm - 2:30 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel to a canyon area where you can observe the natural vegetation and visit the Nature Center to see informative exhibits about the canyon. This is considered an easy walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Tecolote Canyon Natural Park - West (Hwy. 5 - Sea World Dr./Tecolote Rd. (east) - go past the ballfields - park in the Nature or Recreation Center par. king lots) Thomas Bros. Map: 1268-F2 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 10/18 **Scripps Ranch Run for the Schools**
 6:30 am - 10:30 am Participants for this event can enjoy a fun run at beautiful Lake Miramar and a pancake breakfast. Lake Miramar is a pleasant place with scenic beauty and a paved roadway. The purpose of the event is to raise funds for programs at the Scripps Ranch High School. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 600. Location: Lake Miramar. Host Organization: Scripps Ranch High School. General Information: Lori Erlenbach @ (858) 566-2804. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 10/18 **Women's Triathlon**
 7:00 am - 11:00 am It's a triathlon for women to compete against other women. The Sprint Course consists of a 400-yd. swim, 6.5-mile cycle, and a 1.5-mile run. The Super Sprint Course consists of a 700-yd. swim, 12-mile cycle, and a 3-mile run. This event is in conjunction with the "Women's Triathlon Expo". Admission: \$33.00-\$52.00 (Sprint) ~ \$65.00-\$85.00 (Super Sprint) ~ \$111.00-\$130.00 (3-person relay team). Anticipated Attendance: Not available. Anticipated Participants: 800. Location: East Mission Bay (South Shores Park & Fiesta Island). Host Organization: KOZ Enterprises. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Kim Kempf @ (773) 404-2281. Vendor Information: Not available. Internet: www.womenstriathlon.com.
- Sunday 10/18 **12th Annual Making Strides Against Breast Cancer**
 7:15 am - 1:00 pm You can help to make strides against breast cancer by participating at this walking event. Individuals with a personal commitment to the breast cancer cause are invited to be team leaders who will organize teams to raise pledges. The event will take place at Balboa Park. Admission: participant pledges. Anticipated Attendance: Not available. Anticipated Participants: 18,000. Location: Balboa Park (Laurel St./Balboa Dr. - Laurel St. - Cabrillo Bridge - El Prado - Organ Pavilion - President's Way - Park Blvd. - hwy. 163 northbound lan. e - Robinson St. - 6th Ave. - Balboa Dr. - Laurel St./Balboa Dr.) Host Organization: American Cancer Society. General Information: Jennifer Berg @ (619) 682-7422. Media Information: Robin Brown @ (619) 682-7439. Vendor Information: Not available. Internet: www.cancer.org.

October

- Sunday 10/18 **Walk to D'Feet ALS**
 9:00 am - 10:30 am Join others on a 5K walk at scenic East Mission Bay where complementary donations are used to fund research programs to help fight against a disease known as Amyotrophic Lateral Sclerosis. You can learn more about this disease as you walk and talk. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: East Mission Bay (De Anza Cove - Hilton Hotel - De Anza Cove). Host Organization: ALS Association Greater San Diego. General Information: Tom Courtney @ (858) 271-5547. Media Information: Not available. Vendor Information: Not available. Internet: www.alsasd.org.
- Sunday 10/18 **Canyoneer's Walk (Carson's Crossing)**
 3:00 pm - 5:30 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel on a looped trail and cross a creek to reach grasslands and a riparian habitat in search of wildlife such as rabbits and deer. This is considered an easy walk on fairly level ground. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Carson's Crossing (Hwy. 15 - Mercy Rd. (west) - Black Mountain Rd. (right) - Park Village Rd. (left) - Camino Ruiz (left) - park along the street near the kiosk) Thomas Bros. Map: 1189-A7 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Saturday 10/24 **Alzheimer's Association Memory Walk**
 6:00 am - 10:00 am The fading memory of persons with Alzheimer's affects many people each year. You can help people battling this disease by joining a nationwide walk to help raise funds for programs and services for those affected. It'll be a pleasant walk at Balboa Park. You'll enjoy it. Admission: Suggested participant donation/pledge. Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: Balboa Park (Park Blvd./President's Way - Pan American Rd. - Organ Pavilion - El Prado - Cabrillo Bridge - Balboa Dr. - Quince St. - Balboa Dr. - Mars. ton Point - Balboa Dr. - Cabrillo Bridge - El Prado - Organ Pavilion - President's Way - Park Blvd./President's Way) Host Organization: Alzheimer's Association. General Information: Jean Nettleton @ (858) 492-4400 x-141. Media Information: Brad Makaiau @ (858) 492-4400 x-143. Vendor Information: Not available. Internet: www.sanalz.org.
- Saturday 10/24 **No Limits Walk**
 9:00 am - 12:00 pm This non-competitive walk raises funds to support various services for persons with cerebral palsy. These services include an assistive technology center, a mobile toy library, adaptive aquatics, adult day programs, and more. The walk will be a pleasant one at East Mission Bay Park. Admission: \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 150. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: United Cerebral Palsy. General Information: John Mooney @ (858) 571-5365. Media Information: Not available. Vendor Information: Not available. Internet: www.nolimitswalksd.kintera.org.
- Saturday 10/24 **Canyoneer's Walk (Rose Canyon Open Space Park)**
 1:00 pm - 2:30 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel through a nature preserve around the old Santa Fe Railroad roadbed where volunteers have planted a native garden near the trailhead. This is considered an easy walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Rose Canyon Open Space Park (Hwy. 52 - Genesee Ave. (north) - Decoro St. - park on the west side of Genesee Ave. and walk south on Genesee Ave. back to the trailhead) Thomas Bros. Map: 1228-D4 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

October

- Saturday 10/24 **23rd Annual Light the Night Against Crime 5K**
 7:00 pm - 10:00 pm Join law enforcement personnel to show your concern against crime and for the victims of crime by participating at a nighttime 5K run/walk. Each participant receives a glow-in-the-dark t-shirt. The post event social will have music, refreshments, activities, and a costume contest. Admission: \$27.00. Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Balboa Park's Old Navy Hospital parking lot - Park Blvd. - Pennsylvania Ave. - Park Blvd. - Old Navy Hospital parking lot. Host Organization: San Diego Crime Stoppers. General Information: Brennan Lindner @ (310) 821-7898. Media Information: Not available. Vendor Information: Not available. Internet: www.sandiegocrimestoppers.com.
- Sunday 10/25 **Anchor Man Triathlon San Diego**
 7:00 am - 10:00 am It's a challenging triathlon. Several waves of athletes will leap off a private charter boat near Tecolote Shores into the bay and swim a distance of 1/2-mile, then hop on bicycles to ride 3-laps around Fiesta Island, then rack the bikes, change into running shoes, and finish with a 1.55-mile run. Admission: \$75.00. Anticipated Attendance: Not available. Anticipated Participants: 400. Location: Swim (private charter boat - Tecolote Shores North) - Cycle (Tecolote Shores parking lot - Fiesta Island Roadway - Tecolote Shores North) ~ Run (Tecolote Shores North - bayside walkway - Clairemont Dr. - Tecolote Shores North) Host Organization: Tri Freak. General Information: Bo Lebastchi @ (510) 847-4767. Media Information: Not available. Vendor Information: Not available. Internet: www.trifreak.com.
- Sunday 10/25 **San Diego Row for the Cure**
 7:00 am - 11:00 am Persons with an interest in human-powered crafts (canoes, kayaks, outriggers) can come to Ski Beach to compete at timed races or learn how to do barge rowing in longboat rowing shells. It's great for an upper body workout to tone and shape muscles. Proceeds help to combat breast cancer. Admission: \$15.00 - \$90.00. Anticipated Attendance: Not available. Anticipated Participants: 350. Location: East Mission Bay (North Ski Beach near Vacation Island). Host Organization: Women's Crew/Komen Foundation. General Information: Patty Pinkerton @ (858) 337-9344. Media Information: Not available. Vendor Information: Not available. Internet: www.rowfortheure.com.
- Sunday 10/25 **The San Diego Triathlon Challenge**
 8:00 am - 5:00 pm San Diego's favorite coastal triathlon is here! It's composed of a 1.2-mile swim, 56-mile bike ride, and a 13.1-mile run. There will also be a Wheelie Run for wheelchair athletes. A Sports Expo accompanies the event with sporting merchandise, a spinathon ride, and a Fun Zone for children. Admission: \$500 (individual) ~ \$900 (relay team). Anticipated Attendance: Not available. Anticipated Participants: 600. Location: Swim (La Jolla Shores) ~ Bike (La Jolla Cove-Torrey Pines-Carmel Valley-Rancho Santa Fe-Carlsbad-Leucadia-Encinitas-Cardiff-Solana Beach-Del Mar-Torrey Pines-La Jolla Cove)~Run (La Jolla Cove-Torrey Pines-La Jolla Cove) ~ Wheelie Run (La Jolla Cove-Del Mar-La Jolla Cove) Host Organization: Challenged Athletes Foundation. General Information: Virginia Tinley @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.challengedathletes.org.
- Sunday 10/25 **Debra Berton Breast Cancer Walk**
 12:30 pm - 3:00 pm In memory of Debra Berton who died of breast cancer, a walk-a-thon will be held at Lake Murray in her honor. You're welcome to join a group of otherwalkers and learn more about breast cancer. Admission: Donations are received. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Lake Murray. Host Organization: Temple Emanu-El. General Information: Jennifer Berton Handler @ (619) 795-7211. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

October

- Friday 10/30 **PCC Cross Country Championship**
 12:00 pm - 5:00 pm Approximately 60 runners will come together for two races at the Morley Field Cross Country Course in Balboa Park. The first race will be a 5K for women, and the second race will be a 4-mile for men. You're welcome to come and watch the races and see who will get the awards. Admission: None. Anticipated Attendance: 150. Anticipated Participants: Not available. Location: Balboa Park (Morley Field Cross Country Course). Host Organization: Cuyamaca College. General Information: David Dominquez @ (619) 788-4435. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/31 **Steps for Success**
 8:00 am - 12:00 pm San Diego youths are hoping you'll join this 5K walk at East Mission Bay. It's a fundraising event with a goal to create scholarships for youths in San Diego. It'll be a pleasant walk at a scenic place, so slip into your walking shoes and take steps for the success for youths. Admission: \$20.00-\$25.00 (adult) ~ \$15.00 (child age 11 & younger). Anticipated Attendance: Not available. Anticipated Participants: 250. Location: East Mission Bay (De Anza Cove - Mission Bay Information Center - De Anza Cove). Host Organization: San Diego Youth Services. General Information: Nicole Lucero @ (619) 221-8600 x-254. Media Information: Not available. Vendor Information: Not available. Internet: www.sdyouthsservices.org.

November

- Sunday 11/1 **14th Annual Komen San Diego Race for the Cure**
 6:00 am - 12:00 pm Proceeds from this 5K run/walk will fund breast cancer education, screenings, and treatment programs in San Diego County as well as national research for the prevention of breast cancer. Today is a good day to get out for some exercise while bringing awareness about this disease. Admission: \$18.00 - \$38.00. Anticipated Attendance: Not available. Anticipated Participants: 12,500. Location: 6th Ave./Palm St. - 6th Ave. - Juniper St. - Balboa Dr. - El Prado - Pan American Plaza - President's Way - Park Blvd. - Hwy. 163 north onramp - Quinc. e St. - Balboa Dr. - Palm Ave./Balboa Dr. Host Organization: Susan G. Komen for the Cure. General Information: Leisha Battles @ (760) 692-2900. Media Information: Laura Farmer @ (858) 573-2760. Vendor Information: Not available. Internet: www.komensandiego.org.
- Sunday 11/1 **Canyoneer's Walk (Oak Canyon)**
 9:00 am - 10:30 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel to an area along a streambed rimmed by coastal live oak trees with an elevation gain/loss of about 200-feet. Wear comfortable shoes. This is considered a moderate walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Oak Canyon (Hwy. 8 - Mission Gorge Rd. (north) - Father Juniper Serra Trail (left) - go 1.8-miles - parking lot) Thomas Bros. Map: 1230-F6. Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

November

- Saturday 11/7
9:00 am - 2:00 pm **FAAN Walk for Food Allergies**
More than 12 million Americans suffer from food allergies. Anaphylaxis is a severe and potentially fatal allergic reaction to particular foods. Proceeds from this walk will bring awareness and provide education and advance research on behalf of persons affected by food allergies and anaphylaxis. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 700. Location: East Mission Bay (meet at De Anza Cove - 3000 East Mission Bay Dr.). Host Organization: Food Allergy & Anaphylaxis Network. General Information: April Petters @ (602) 909-1421. Media Information: Not available. Vendor Information: Not available. Internet: www.foodallergywalk.org.
- Saturday 11/7
1:00 pm - 2:30 pm **Canyoneer's Walk (Lake Murray - Murray Park Drive)**
Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel on a paved roadway along a lake where waterbirds and wildflowers are abundant; then onward to an old dam from 1918. This is considered an easy walk and is wheelchair accessible. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Murray - Murray Park Drive (Hwy. 8 - College Ave. (north) - Navajo Rd. (right) - Park Ridge Blvd. (right) - Murray Park Dr. (left) - park at the. baseball fields) Thomas Bros. Map: 1250-E6 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 11/8
7:00 am - 1:00 pm **San Digo Vision Walk**
As promising treatments move into critical human studies, the need for research funding is greater than ever before. This nationwide event is asking you to join this walk where the proceeds will benefit persons who are blind or near-blind. Individuals and teams are encouraged to participate. Admission: Suggested participant pledge/donation. Anticipated Attendance: Not available. Anticipated Participants: 350. Location: East Mission Bay (meet at De Anza Cove). Host Organization: Foundation Fighting Blindness. General Information: Marilyn McPoland @ (310) 207-2089. Media Information: Not available. Vendor Information: Not available. Internet: www.visionwalk.org.
- Sunday 11/8
7:30 am - 11:00 am **Save A Life Walk**
Every 16-minutes, someone in the United States dies by suicide. You can help save a life by joining this 5K walk where the proceeds support local outreach and prevention programs. A resource fair will accompany the event with entertainment, information, and exhibits. Admission: Suggested participant donation or pledge of \$100. that includes an event t-shirt. Anticipated Attendance: Not available. Anticipated Participants: 400. Location: Balboa Park (meet at the lawn area at 6th Ave. & Laurel St.). Host Organization: Yellow Ribbon Suicide Prevention. General Information: Carol Skiljan @ (760) 635-5904. Media Information: Not available. Vendor Information: Not available. Internet: www.savealifewalk.kintera.org.
- Sunday 11/8
7:30 am - 12:00 pm **San Diego Fall Rowing Classic**
Energetic rowing participants will compete against the clock on a 3.5-mile course by rowing in unison with vigor to glide their boats across the water to the finish line. Awards will be given for the best time in various categories. Come and watch them work those paddles! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: East Mission Bay (Ski Beach). Host Organization: San Diego Rowing Club. General Information: David Haberman @ (858) 699-4332. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrc-row.org.

November

- Sunday 11/8 **7th Annual Shelter Island 5K Run/Walk**
 7:30 am - 10:30 am This fun run/walk offers participants a scenic course that travels through a Point Loma neighborhood and at Shelter Island where scenic views of the city can be seen across the bay. Proceeds will benefit the San Diego Adaptive Sports Foundation and programs for injured U.S. military men and women. Admission: \$27.00-\$35.00 (adult) ~ \$12.00-\$15.00 (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,200. Location: North Harbor Dr. (south of Holiday Inn - 4875 North Harbor Dr.) - Scott St. - Talbot St. - Anchorage St. - Shelter Island Dr. - traffic circle - Bell. Tower Circle - parking lot at Humphrey's Half Moon Bay Host Organization: San Diego Adaptive Sports. General Information: Kathy Loper @ (619) 298-7400. Media Information: Tracy Marks @ (619) 298-7400. Vendor Information: Not available. Internet: www.kathyloperevents.com.
- Saturday 11/14 **USATE Cross Country Championships**
 8:15 am - 9:30 am Men and women are getting ready for challenging cross country races. There will be two 4-mile races; one for men and another for women. It will take place at the Morley Field Cross Country Course in Balboa Park where runners will compete on grass and dirt trails. Admission: \$15.00. Anticipated Attendance: Not available. Anticipated Participants: 150. Location: Balboa Park (Morley Field Cross Country Course). Host Organization: United States Track and Field. General Information: Paul Greer @ (619) 388-3704. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.com.
- Saturday 11/14 **Hope Mission Center Walk-A-Thon**
 9:00 am - 1:00 pm The Hope Mission Center is a volunteer-based organization that provides a variety of services for San Diego communities. Today, a 5K walk at East Mission Bay is held to raise funds to cover costs for projects. You're welcome to join the group and learn more about the Hope Mission Center. Admission: Participant pledge/donations are received. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: East Mission Bay (meet at De Anza Cove). Host Organization: Hope Worldwide San Diego. General Information: Tara Pheneger @ (760) 268-1960. Media Information: Not available. Vendor Information: Not available. Internet: www.hopeww.org.
- Sunday 11/15 **Miracle Babies 5K Run/Walk**
 10:00 am - 1:00 pm In the United States, approximately 11.5% of live births result in a premature birth. The purpose of this 5K run/walk is to raise funds to provide assistance to families with preemie or sick newborns. The event will be at East Mission Bay and includes a small expo with music and a beer garden. Admission: \$20.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 250. Location: East Mission Bay (De Anza Cove - Hilton Hotel - De Anza Cove). Host Organization: Miracle Babies. General Information: Marjan Daneshmand @ (858) 335-1162. Media Information: Not available. Vendor Information: Not available. Internet: www.miraclebabies.org.
- Friday 11/20 **6th Annual San Diego Breast Cancer 3-Day (3-Day Event)**
 6:30 am - 6:30 pm It'll be an unforgettable walking adventure. While raising awareness about breast cancer, you'll walk a total of 60-miles in three days. Today, the walk will begin at the Del Mar Fairgrounds and proceed to Torrey Pines, La Jolla, Pacific Beach, and to the camp at Crown Point Shores in Mission Bay. Admission: \$90 (admission) + \$2,300 (fundraising pledge). Anticipated Attendance: Not available. Anticipated Participants: 5,700. Location: Del Mar (Fairgrounds) - Downtown San Diego (Petco Park). Host Organization: NPT Breast Cancer 3-Day LLC. General Information: Nikee Pomper @ (619) 546-4668. Media Information: Melinda Childers @ (816) 423-6040. Vendor Information: Not available. Internet: www.the3day.org.

November

- Saturday 11/21 **6th Annual San Diego Breast Cancer 3-Day (3-Day Event)**
 6:30 am - 6:30 pm It'll be an unforgettable walking adventure. While raising awareness about breast cancer, you'll walk a total of 60-miles in three days. Today, the walk will begin at Crown Point Shores in Mission Bay and proceed to Mission Beach, Ocean Beach, Point Loma, and back to the camp at Crown Point Shores. Admission: \$90 (admission) + \$2,300 (fundraising pledge). Anticipated Attendance: Not available. Anticipated Participants: 5,700. Location: Del Mar (Fairgrounds) - Downtown San Diego (Petco Park). Host Organization: NPT Breast Cancer 3-Day LLC. General Information: Nikee Pomper @ (619) 546-4668. Media Information: Melinda Childers @ (816) 423-6040. Vendor Information: Not available. Internet: www.the3day.org.
- Saturday 11/21 **CIFSDS Cross Country Championships/State Qualifier**
 8:30 am - 3:00 pm Mens' and womens' teams from 112 member schools in San Diego, Imperial, and Riverside counties will race for the Section Championships and the right to represent the section in five divisions for a State Championship. There'll be ten races today. Come and cheer them on! Admission: None. Anticipated Attendance: 1,000. Anticipated Participants: Not available. Location: Balboa Park (Morley Field Cross Country Course). Host Organization: CIF - San Diego Section. General Information: Dennis Ackerman @ (858) 292-8165. Media Information: Not available. Vendor Information: Not available. Internet: www.cifsd.org.
- Saturday 11/21 **Handcycling in San Diego (West Mission Bay Park)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at West Mission Bay Park today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. It's more fun to go in a group. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 40. Location: West Mission Bay Park (3707 Mission Blvd.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 11/22 **6th Annual San Diego Breast Cancer 3-Day (3-Day Event)**
 6:30 am - 4:00 pm It'll be an unforgettable walking adventure. While raising awareness about breast cancer, you'll walk a total of 60-miles in three days. Today, the walk will begin at Crown Point Shores and proceed to Mission Beach, East Mission Bay, Old Town, Hillcrest, Balboa Park, and downtown to Petco Park. Admission: \$90 (admission) + \$2,300 (fundraising pledge). Anticipated Attendance: Not available. Anticipated Participants: 5,700. Location: Del Mar (Fairgrounds) - Downtown San Diego (Petco Park). Host Organization: NPT Breast Cancer 3-Day LLC. General Information: Nikee Pomper @ (619) 546-4668. Media Information: Melinda Childers @ (816) 423-6040. Vendor Information: Not available. Internet: www.the3day.org.
- Thursday 11/26 **Thanksgiving Day Run/Walk for the Hungry**
 7:15 am - 9:30 am It's the day after Thanksgiving and a good time to burn off some calories from a holiday feast. This event offers a 5K run/walk and a 10K run/walk. Proceeds from the event will benefit the San Diego Food Bank that helps to feed underprivileged persons. Admission: \$15.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Petco Park East (13th St./Imperial Ave.) - Tony Gwynn Park - 7th Ave. - Market St. - Harbor Dr. - Kettner Blvd. - Broadway - 5th Ave. - Market St. - 1. 3th St. - Petco Park Host Organization: San Diego Food Bank. General Information: Trisha Gooch @ (619) 527-1419 x-29. Media Information: Chris Carter @ (858) 527-1419. Vendor Information: Not available. Internet: www.kathylopererevents.com.

November

- Thursday 11/26 **7th Annual Father Joe's Thanksgiving Day 5K**
 8:00 am - 11:00 am Today is Thanksgiving. It's a day to express both thanks for what we have and to extend our help to those who are lonely, hungry, and without a home. Proceeds from this 5K event will help to provide basic provisions for underprivileged persons through the St. Vincent De Paul Village. Admission: \$30.00 (adult) ~ \$15.00 (child). Anticipated Attendance: Not available. Anticipated Participants: 5,000. Location: Balboa Park (archway at the Museum of Man - El Prado - Cabrillo Bridge - Balboa Dr. - 8th Ave. - Marston Point - Balboa Dr. - Juniper St. - 6th Ave. - Ivy St. - 6th Ave. - Upas St. - Balboa Dr. - Cabrillo Bridge - El Prado - Plaza De Panama) Host Organization: St. Vincent De Paul Village. General Information: Ryan Pocock @ (619) 446-2100. Media Information: Martha Lepore @ (619) 446-2725. Vendor Information: Not available. Internet: www.thanksgivingdayrun.org.
- Friday 11/27 **San Diego Surf College Cup (3-Day Event)**
 8:00 am - 5:30 pm This nationally recognized premier youth soccer tournament is known as one of the top youth soccer tournaments in the United States. Participating teams (players age 15-18) come from as many as 25 States and Canada to compete for the coveted Surf College Cup Trophy. Come and see them in action! Admission: None. Anticipated Attendance: 8,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.
- Saturday 11/28 **San Diego Surf College Cup (3-Day Event)**
 8:00 am - 5:30 pm This nationally recognized premier youth soccer tournament is known as one of the top youth soccer tournaments in the United States. Participating teams (players age 15-18) come from as many as 25 States and Canada to compete for the coveted Surf College Cup Trophy. Come and see them in action! Admission: None. Anticipated Attendance: 8,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.
- Sunday 11/29 **San Diego Surf College Cup (3-Day Event)**
 8:00 am - 5:30 pm This nationally recognized premier youth soccer tournament is known as one of the top youth soccer tournaments in the United States. Participating teams (players age 15-18) come from as many as 25 States and Canada to compete for the coveted Surf College Cup Trophy. Come and see them in action! Admission: None. Anticipated Attendance: 8,500/day. Anticipated Participants: Not available. Location: San Diego Polo Club Field (14555 El Camino Real). Host Organization: San Diego Surf Cup, Inc.. General Information: Mike Connerley @ (760) 944-7176. Media Information: Not available. Vendor Information: Not available. Internet: www.surfcup.com.

December

December

- Saturday 12/5 **26th Annual Mainly Masters 10K**
 7:30 am - 10:00 am Athletes can participate in a 10K race at Fiesta Island in East Mission Bay. The running course is on a flat, looped roadway for greater speed. There will be an Open Race for persons age 39 and younger and a Master's Race for persons age 40 and older. The event concludes with an awards ceremony. Admission: \$15.00. Anticipated Attendance: Not available. Anticipated Participants: 160. Location: East Mission Bay (Fiesta Island). Host Organization: San Diego Track Club. General Information: Peter Stern @ (619) 235-2599. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.com.
- Sunday 12/6 **Cyclocross Bike Event**
 9:00 am - 2:30 pm An off-road bicycle race will take place on trails at Morley Field near Balboa Park. The start and finish will begin and end at the Velodrome. Spectators can watch the event, and cyclists can enjoy the ride. Admission: None. Anticipated Attendance: 135. Anticipated Participants: Not available. Location: Balboa Park (Morley Field trails and the Velodrome). Host Organization: San Diego Velodrome Association. General Information: Mike Jenkins @ (619) 871-7498. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 12/6 **Canyoneer's Walk (Bayside Trail)**
 10:00 am - 12:00 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel along a 2-mile trail where you'll encounter windswept vegetation and remnants of WWII defense installations that overlook the harbor. This is considered a moderate to strenuous walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Bayside Trail (Hwy. 8 (west) - Sunset Cliffs Blvd. - Nimitz Blvd. (south) - Chatsworth Blvd. (right) - Catalina Blvd. (left) - Cabrillo National Monum. ent - meet on the sidewalk to the lighthouse next to the road) Thomas Bros. Map: 1308-A2 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Saturday 12/12 **17th Annual Jingle Bell 5K Run/Walk for Arthritis**
 6:00 am - 10:00 am Get ready to ring in the holiday season at an enjoyable 5K run/walk and fun run for kids. Many participants will be dressed in holiday apparel or with jingle bells tied to their shoes. Jingling bells will set the pace! There's also a fun holiday costume contest for dogs and an entertaining expo. Admission: \$35.00 (adult) ~ \$20.00 (child age 6-12). Anticipated Attendance: Not available. Anticipated Participants: 1,100. Location: Balboa Park (President's Way - Organ Pavilion - El Prado - Balboa Dr. - Quince St. - along 6th Ave. - Marston Point - Balboa Dr. - El Prado - Organ Pa. vilion - President's Way) Host Organization: Arthritis Foundation - San Diego Area Chapter. General Information: Yolanda Salicido @ (858) 492-1090 x-120. Media Information: Andrea Muir @ (858) 492-1090 x-116. Vendor Information: Not available. Internet: www.jinglebellrunsandiego.org.
- Saturday 12/12 **31st Annual Foot Locker Cross Country Championship**
 7:00 am - 11:00 am A prestigious televised event with a Jumbo-Tron features the nations 40 top male and 40 top female high school runners competing for the national title of High School Champion. It's the only true high school national championship race in the country. Each race will begin with a cannon blast! Admission: None. Anticipated Attendance: 2,500. Anticipated Participants: Not available. Location: Balboa Park (Morley Field Cross Country Course). Host Organization: San Diego Sports Commission. General Information: Mike Kitts @ (619) 699-2337. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

December

- Saturday 12/12 **Handcycling in San Diego (North Crown Point Shores)**
 10:00 am - 12:00 pm Persons with physical disabilities (age 8-adult) can join a group and pedal a handcycle at North Crown Point Shores today. Handcycling is a great way to meet people, enjoy fresh air and sunshine, and build strength and endurance. Today will include an end-of-session lunch and social. Admission: \$3.00 (includes equipment rental & maintenance) ~ FREE (use your own handcycle) Call for reservation. Anticipated Attendance: Not available. Anticipated Participants: 40. Location: North Crown Point Shores (3791 Corona Oriente Rd.). Host Organization: Therapeutic Recreation Services. General Information: Information desk @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 12/12 **Canyoneer's Walk (Lake Murray - Kiowa Drive)**
 1:00 pm - 2:30 pm Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel along a paved roadway at a sparkling lake where you'll see fishermen, boaters, and migrating waterfowl. This is considered an easy walk and is wheelchair accessible. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Lake Murray - Kiowa Drive (Hwy. 8 - Lake Murray Blvd. (north) - Kiowa Dr. (left) - go through the gate - meet near the parking lot) Thomas Bros. Map: 1270-F1 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Monday 12/21 **Canyoneer's Walk (Cowles Mountain - Winter Solstice)**
 6:00 am - 7:30 am Would you like to go for a walk with a group led by a trail guide and learn about plants and animals? You'll travel in near darkness and ascend up aslope to a solstice to see the sun rising in the distance. Wear sturdy shoes and bring water and a flashlight. This is considered a strenuous walk. Admission: \$2.00 (call 2-weeks prior to walk). Anticipated Attendance: Not available. Anticipated Participants: 40. Location: Cowles Mountain - Winter Solstice (Hwy. 8 - College Ave. (north) - Navajo Rd. (right) - go 2.5-miles - Golfcrest Dr. (left) - park near the northwest. corner of Golfcrest Dr. & Navajo Rd.) Thomas Bros. Map: 1250-F4 Host Organization: San Diego Natural History Museum. General Information: Information desk @ (619) 255-0203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Wednesday 12/30 **Bumble Bee Seafoods 5K Run/Walk**
 9:45 am - 12:00 pm This nationally televised 5K run/walk is a kick-off event preceding the Big Bay Balloon Parade and the Holiday Bowl college football game. Thousandsof parade spectators will be watching. It's one of the last run/walks of the year. Come early so you can find a place in the crowd. Admission: \$25.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: Harbor Dr./Ash St. - Harbor Dr. - walkway - Embarcadero marina Park North - Embarcadero Planning Center parking lot (near the Tuna Harbor by G St.). Host Organization: Pacific Life Holiday Bowl. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Katherine LiMandri @ (619) 283-5808. Vendor Information: Not available. Internet: www.kozenterprises.com.

December

Wednesday 12/30
5:00 pm - 9:00 pm

Pacific Life Holiday Bowl 2009

Get your tickets early so you won't miss this spectacular and aggressive college football game! The Holiday Bowl's history is one of high-scoring games and down to the wire finishes. It will feature the runner-ups in the PAC-10 and Big 12 Conferences. This game is usually a sell-out! Admission: \$60.00 - \$85.00. Anticipated Attendance: 64,000. Anticipated Participants: Not available. Location: Qualcomm Stadium (9449 Friars Rd.). Host Organization: Pacific Life Holiday Bowl. General Information: Information desk @ (619) 283-5808 or Ticket Master @ (619) 220-8497. Media Information: Not available. Vendor Information: Not available. Internet: www.holidaybowl.com.

Report Date: 11-06-09